

## How to be safe

for primary school students



Easy English



## What is this factsheet about?

This factsheet is about how to be safe.

It tells you what to do if you do **not** feel safe.



You should always feel safe

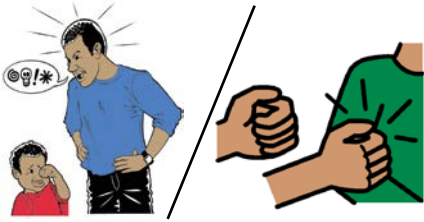
- at school



- at home



- in the community.



No one is allowed to

- hurt you with words or actions



- make you feel scared



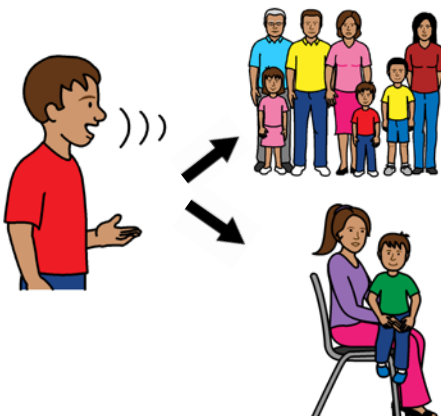
- touch you in places you do **not** want to be touched.

### What should I do if I do not feel safe?

Tell an adult you trust, for example



- a parent

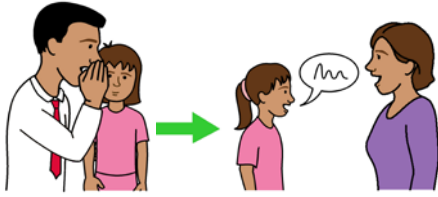


- a family member

- a carer



- a teacher.



Tell an adult even if someone says  
**do not tell anyone.**



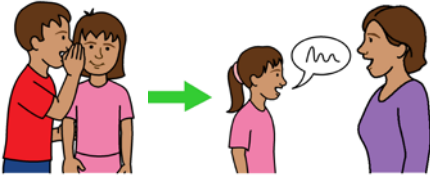
When you tell an adult you will **not** get  
in trouble.

If you do **not** feel safe it is **not** your fault.



You do **not** need to fix the problem on  
your own.

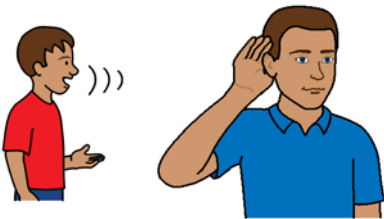
**What should I do if I think someone else is not safe?**



Tell an adult you trust even if the person says **do not tell anyone**.



It is important to make sure the person is safe.



**What will happen when I tell an adult at school?**

The adult **must** listen and help.



The adult might need to tell other people to keep everyone safe.



## Who else can I tell?

You can also get help from

- the police

Call 000 or visit your local police station

- Kids Helpline

Call 1800 551 800.

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Scope's Communication and Inclusion Resource Centre

wrote the Easy English. November 2016 [www.scopevic.org.au](http://www.scopevic.org.au)

To see the original contact [child.safe.schools@edumail.vic.gov.au](mailto:child.safe.schools@edumail.vic.gov.au)

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