



Achievement, Confidence & Pride

NEWSLETTER #24 – Friday September 3, 2021

Hi to our Avondale Community,

I would like to acknowledge and thank the outstanding effort of all students, families and staff in working together to ensure processes and structures are in place to support and engage our learners, each and every day. On Wednesday, the Premier announced the continuation of Flexible and Remote learning until the end of this term. Attendance, Wellbeing and the continuity of Teaching and Learning continue to underpin our approach at Avondale Primary. Our staff continue to provide engaging learning experiences for our students and teaching live sessions throughout each day.

A MESSAGE FOR STUDENTS IN VICTORIA



It's important for students to remember that disruption to school, activities, and routine can sometimes affect our mood, motivation, sleep, and ability to do normal tasks. Perhaps things that normally wouldn't bother you are now making you upset, angry, anxious, sad, frustrated. This is normal in times like this and it's important that we remember other people might be feeling the same way. It's also important to remember this will probably pass when we return to a more normal routine. It is helpful to pay attention to any changes in how you feel.

You might notice you are tired, feeling less interested, finding it hard to concentrate, feeling worried, or can't focus on learning.

It is important to check in with yourself and your friends.

- Think about things that you enjoy and try to do some of these activities
- Talk to friends or adults about how you are feeling
- Ask questions if you have them
- Keep up your normal good habits because this makes you feel safe and calm
- Try to remember that this is a very normal reaction to change now
- Remember strategies you have tried in the past that have been helpful

Some ideas for finding fun and calm:

- Listen to music
- Watch a favourite movie
- Go for a walk or bike ride
- Do some colouring in
- Create something with Lego
- Dancing
- Kicking a ball
- Playing with a pet
- Do a mindfulness activity
- Reading a book
- Talking with friends
- Cooking
- Creative writing or drawing
- Connecting with your family
- Playing a musical instrument
- Playing board games
- Learning a new card game
- Do a scavenger hunt
- Talking to a trusted adult
- Writing a letter about how you feel



For families, there are a number of supports available during these challenging times:

- A short video produced by headspace with [tips and strategies for parents and carers during lockdown](#)
- [Student Mental Health and Wellbeing resources for advice](#)
- [Advice for students about how to adapt during COVID-19](#)
- [Resources for learning from home](#)
- [Translated resources for learning from home](#)

As part of the phased COVID-19 vaccination rollout, more Victorian parents, carers, and students are now able to receive the COVID-19 vaccines.

With more appointments now available over the next two weeks, we encourage you to book your vaccine at [Victorian Government's COVID-19 vaccine online booking system](#).

For more information about eligibility, refer to coronavirus.vic.gov.au or use the Australian Government's [COVID-19 vaccine eligibility checker](#).

I trust our school community will continue to ensure we do the right thing at this time, by complying with the restrictions in place and making careful and supportive decisions that limit movement through the community.

Thank you again, for supporting your child's learning during this time.

PREMIER'S READING CHALLENGE



Students at Avondale Primary have **14 days left** to participate in the Premier's Reading Challenge. 53 students have already completed the challenge. Don't forget to add the titles of the books you read to the PRC website. I wonder how many more students can meet the Challenge set by the Premier before the end of this term? Happy Reading

BOOK WEEK CELEBRATIONS!

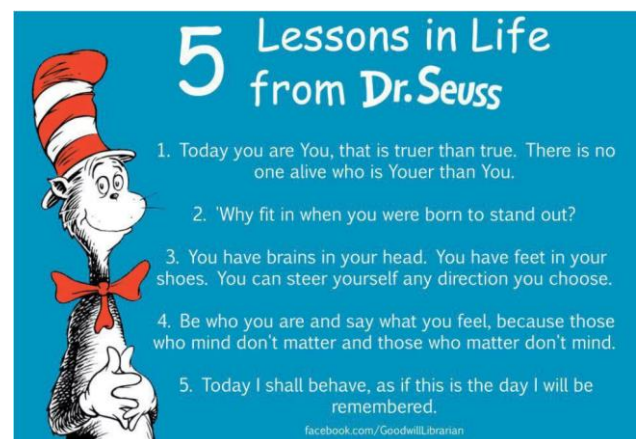
We welcomed a range of book characters at school yesterday as students creatively celebrated their favourite book characters. Can you guess which character they are?



We take this opportunity to celebrate student learning through Flexible and Remote Learning. Please check out the fabulous work our students have been sharing with us during our Science Week and Book Week learning over the last two weeks.

Engaging with our local community

There are a number of flyers at the end of this newsletter, promoting engagement in a range of local clubs and sporting venues. Please take the time to consider these when lockdown restrictions ease.



Stay safe, stay well.

Mrs Jill Benham
Mr Joe Scarfo

Principal
Assistant Principal

SCIENCE WEEK CELEBRATIONS

Foundation students choose their favourite fruits to create a yummy rainbow fruit salad. Students also drew and labeled the fruits they included in their salad. Another activity the foundation students completed throughout the day was a 3D food animal. Students made links to 3d objects.

Ryan Prep/1



Chloe Prep/1



Jasmir Prep A



Georgia Prep/1



Cora Prep A

Grade One and Two students chose their favourite fruits to create a yummy rainbow salad. Students also drew and labeled the fruits they included in their salad. They then wrote a procedural text sharing how to make their rainbow salad. Another activity the Year One students completed throughout the day was a 3D food animal. Students made links to 3D objects.

Annouk Prep/1



Luca 1C

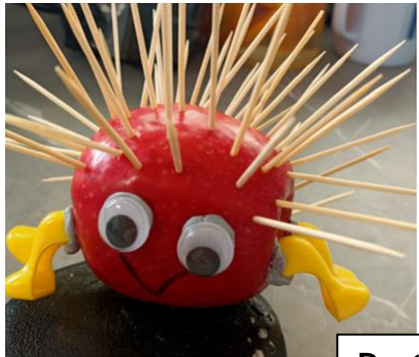
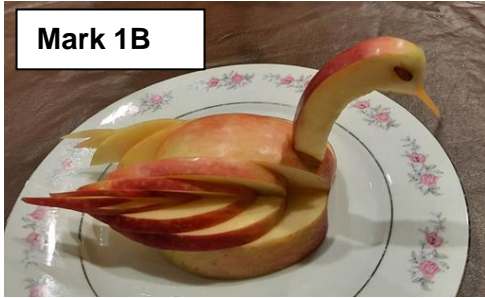
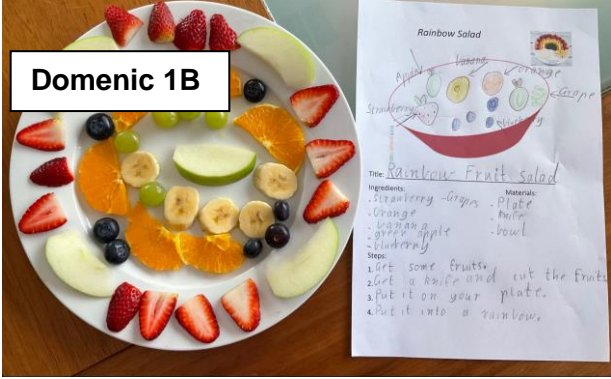


Steven 1C



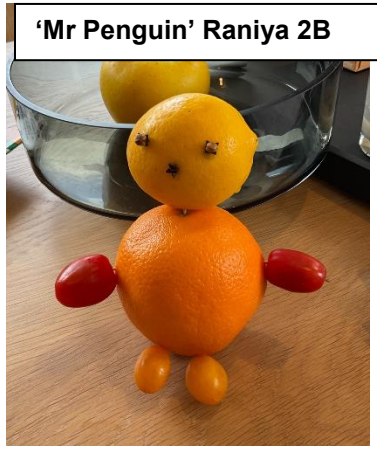
Martina 1C







'Honey Bear' Layla 2B

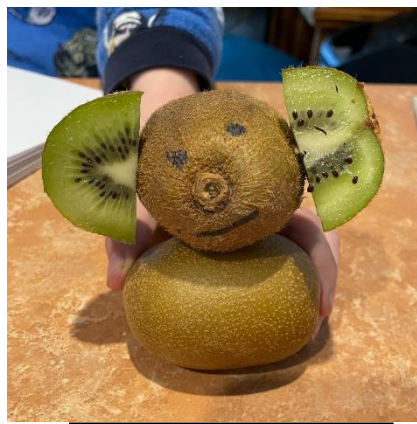


'Mr Penguin' Raniya 2B



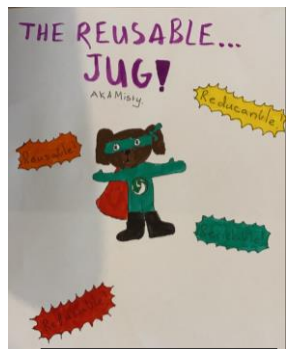
'Potato Head' Riya 2B

'Sweet Banana Tree' Dean 2B

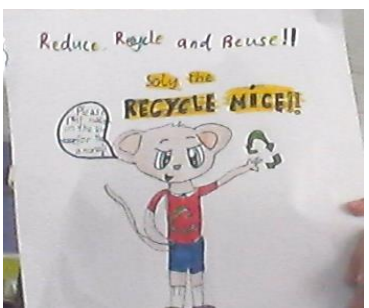


'Koala' Summer 2B

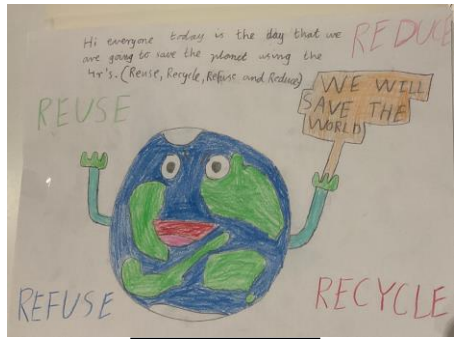
Grade 3/4 and 5/6 students used their imagination to create a mascot that would promote the use of the four R's: Refuse, Reduce, Recycle and Reuse.



Alexandra 3/4A



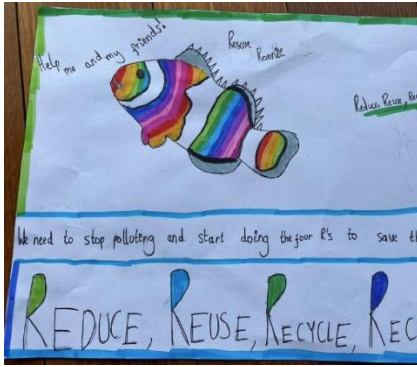
Aleen 3/4A



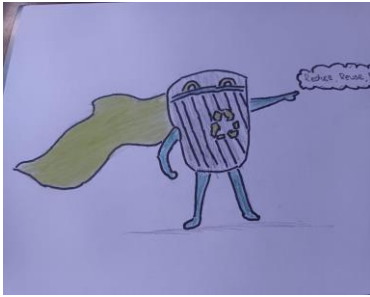
Taylor 3/4A



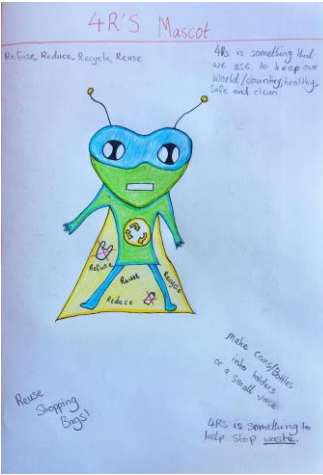
Lola 3/4A



Maci K 5/6C



Seth R 5/6C



Jorja V 5/6C



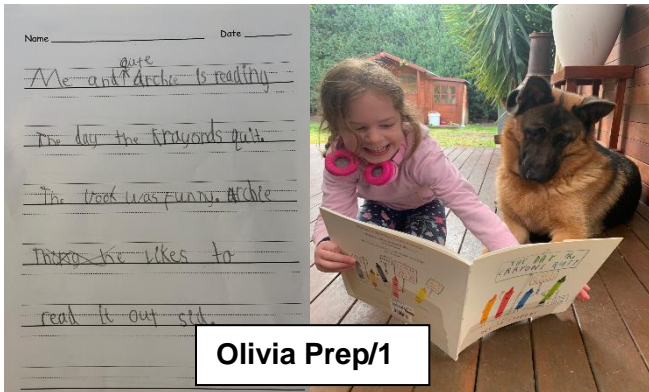
Portia 5/6C



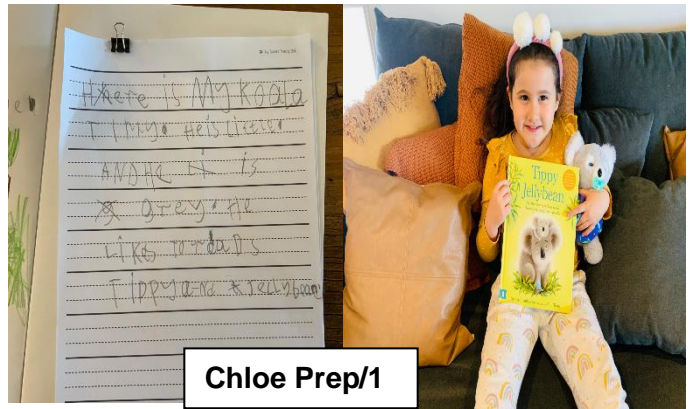
Angelo 5/6C

BOOK WEEK CELEBRATIONS

FOUNDATION



Olivia Prep/1

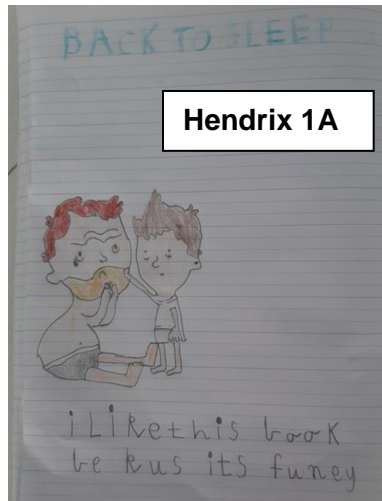


Chloe Prep/1

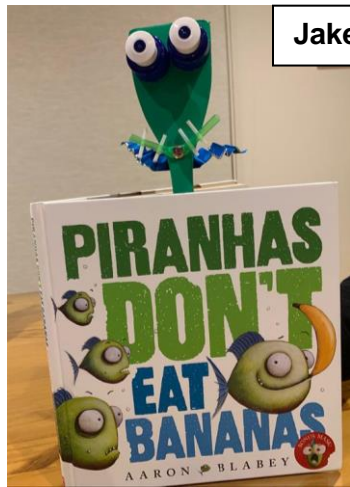
GRADE 1 - On our Book Week Launch Day students enjoyed designing and creating their favourite book characters using wooden spoons. Year One students created interview questions and chatted to family members and friends about their favourite childhood books.



Luka 1C



Hendrix 1A



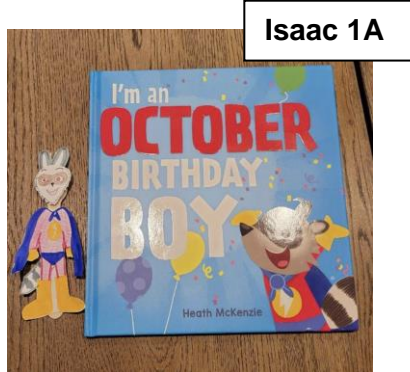
Jake 1A

Ainsley 1A
 Interviewing
 Grandad about
 Favourite
 Books



There names are Melody,
 Phoebe and Pixie.
 They asked me if I could
 help find crystals at
 the bottom of the ocean
 so they could give nice boys
 and girls shiny, glowing
 and sparkly crystals all
 around the world to deliver
 to their fairie doors.
 Atlas started to dig a
 hole in the warm, scruffy

Indigo 1A
 Creating
 stories of
 our own



Isaac 1A

GRADE 2 - for the Book Week Launch, students enjoyed writing their own Book Reviews/ Reports on one of the shortlisted CBCA Book Week Books, 'Ellie's Dragon' by Bob Graham. Students included details of the Characters, Settings, Genre, the problem and solution, their likes and dislikes and opinion on the book.

Taylor 2B

Ellie's Dragon 31/8/2021
 Author: Bob Graham
 Genre: Fiction Book
 Characters: Ellie and a dragon called Scratch.
 Setting: Ellie's house
 My favourite part of the story: was when Scratch started to fade away when Ellie turned 11.
 I didn't like it when: Ellie put him in her doll house
 The Problem: was that Scratch started to fade away.
 The solution: was that little Sam adopted Scratch and took him home.
 Provide your opinion of the story: I like the book because Scratch starts to fade away when Ellie turns 11.

Layla 2B

MY BOOK REPORT

Book title and author: Ellie's Dragon Bob Graham.
 Genre of the book: Nonfiction
 Favourite part: My favourite part is where Ellie found Scratch.
 Characters: Ellie and Scratch.
 Setting: home and school.
 Problem and solution: I do not like the book because it was sad. The problem was Scratch was fading away. The solution was Scratch found a new friend.

at August Monday
 Book Review
 The book is titled 'Ellie's Dragon' by Bob Graham. It is a fiction book.
 The characters in the book are Ellie, Scratch, Mom and Dad, the teacher and the school kids.
 The book is about Ellie's new friend Scratch, the dragon. The story takes place in the city. Scratch was a house trained dragon and did not breathe fire.
 My favourite part of the story is when Scratch flew high up in the sky in the city.
 The problem was

that when Scratch was little, he would eat birthday candles. Also, when Scratch was older, Ellie lost him. Ellie's friend found Scratch. Scratch was living with Sam. Scratch was not lost.
 I liked the story. It was imaginative and I liked that only children could see Scratch.

Dean 2B

GRADE 3&4 - During Book Week students have been exploring digital technologies to write and create their own texts. They have also been investigating how they can enhance the theme of their book or character by changing the background when presenting to an audience.

Trouble On Wheels

Book Week Short Story - Haris 34A

There once was an old man who was an extraordinary author. He always wrote his books in an old train carriage, the travelling bookshop.

He wrote all his books on a magic typewriter, this meant that if he hadn't finished writing a book within an hour, the story comes to life.

One day, while writing a horror book, the train had to be evacuated and he didn't finish writing within the hour. This was bad, very bad! The characters came to life. It was a disaster, they were wreaking havoc in the carriage!

Luckily, one of the characters accidentally pressed a button that brought the train to an instant stop. As the train stopped, the typewriter fell on the floor and shattered to pieces. This made the characters disappear instantly. The only unfortunate thing was that this was the old man's favourite typewriter as it brought so much excitement and challenge every single day. At least he had another boring, old typewriter which he then used to continue his writing career. The old man continued to write interesting stories, with a lot less suspense.

Lola 34A dressed up as Ronald Weasley



Mina 3E dressed up as her favourite book character

Salina 34E our Little Red Background Online



Greta 34E our little Wednesday

Cooper 34E our mysterious Ninja

GRADE 5&6 - This week for Book Week, Grade 5/6s were asked to dress up as their favourite book character and compose a song based on a fiction or non fiction text.



**Charlotte 5/6D
dressed as
Sophie
from the BFG**

New best friend : Joshua 5/6 C

Character: Flowey

Setting: Underground

Melody: New best friend

Howdy I'm Flowey, Flowey the flower.
You seem new to the underground.
Let's have some fun now, don't be too shy now.
Cause I'm your new best friend. Yeah!

Harry Potter: Xavier 5/6C

Character: Harry Potter

Setting: Hogwarts

Melody: ABC SONG

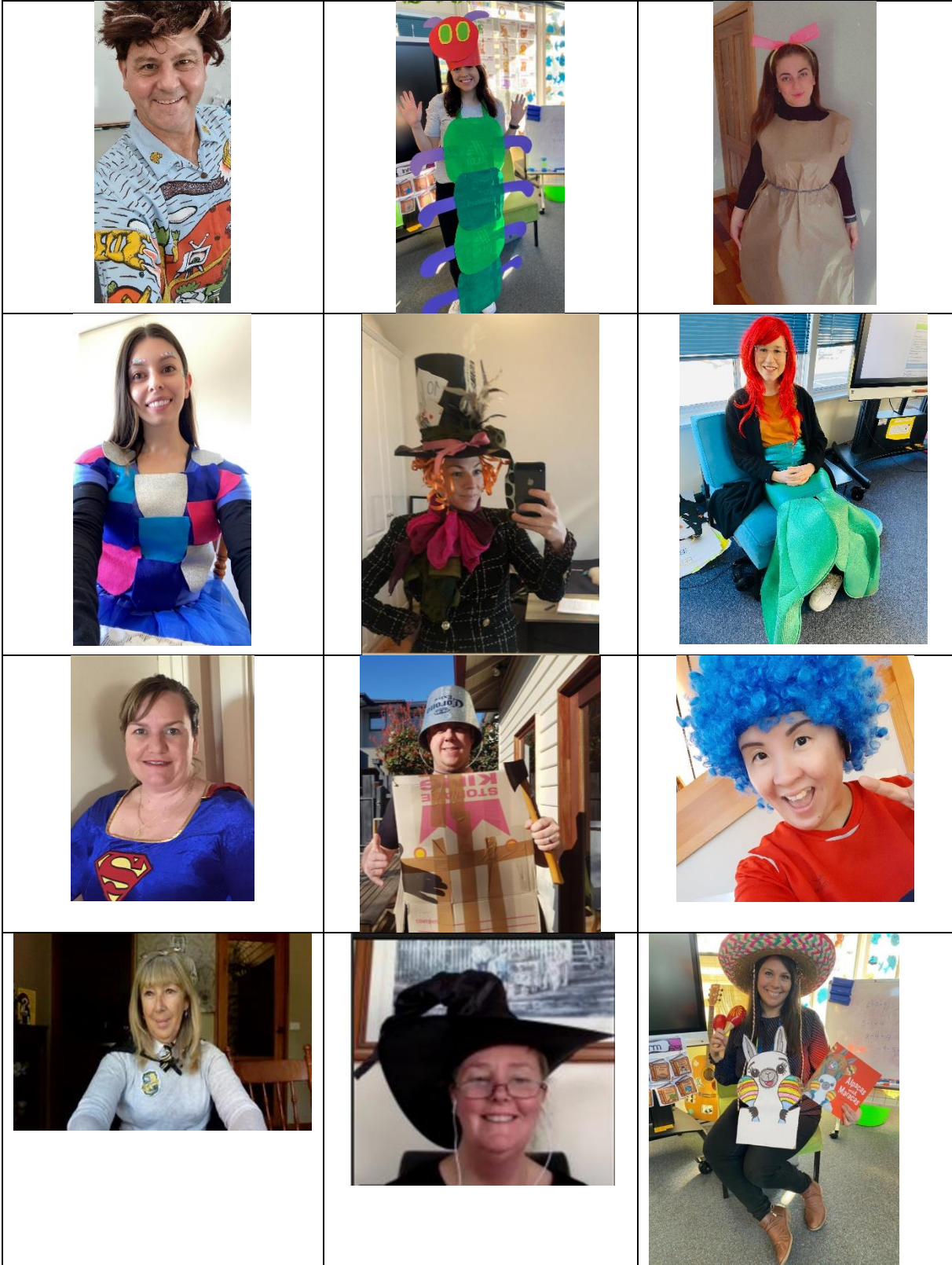
Harry, Ronnie, Hermione
Got an offer at Hogwarts
Lots of magic happens there
Wizards, Witches, Dumbledore
Now they learnt some deadly spells
It's time for Voldemort.

DANCE WITH YOUR HEART: Eliza 5/6C

The music starts and I feel the beat,
I notice my body starts to move
I just can't control my feet
I'm getting into the groove.

I'm tired of holding it in so I let it all out
I'm feeling so happy as my body is free
The release makes me want to shout
All the stress is coming out of me.

The music is giving me so much joy
As I dance with all my heart
I'm like a dancing windup toy
Now my day can really start.



CONGRATULATIONS TO OUR STUDENTS OF THE WEEK

Week 7: Monday 23rd - Friday 27th August

GRADE	STUDENT NAME	AWARDED FOR
Foundation A	Senay T	For showing whole body listening during his online lessons.
Foundation B	Zahra-Grace Y	For using a 'Connie Confident' voice whilst reading. Awesome work!
Foundation C	Kira Q	For creating an interesting character and setting for her narrative story. Well done!
Foundation/1	Chloe D	For being creative with her narrative story which included lots of different characters, a problem and a resolution.
1A	Sebastien P	For drafting a brilliant narrative filled with engaging sentences, e.g. "Bob jumped in surprise!" I can't wait to read the published version!!
1B	Josephine A	for enthusiastically involving herself in all aspects of remote learning.
1C	Samuel S	for writing an interesting resolution to his narrative "Stage Rock". Well done Samuel.
2A	Sandin MH	for being a superstar and giving his best effort in all of his remote learning tasks! Well done Sandin!
2B	Raniya T	for writing a creative Narrative titled 'Candyriffic'. Fabulous job Raniya!
2C	Avneet G	for showing persistence during writing this week. Keep up the great work!
3/4A	Ethan R	<i>for showing positivity and persistence when completing work independently. Well done Ethan!</i>
3/4B	Thomas B	For trying to work independently and putting more effort into the quality of your work., Well done! Keep it up!
3/4C	Neel B	Confidently presenting your report about Victoria!

3/4D	Riria O	For showing confidence in herself and presenting her report in a clear and confident voice.
3/4E	Henry S	For his exceptional dedication and enthusiasm towards remote learning.
56A	Harvey	For being an enthusiastic participant who makes great contributions in all of the live sessions on Teams.
56A	Yuana	For showing independence and organisation when working onsite during remote learning.
5/6B	Kaia VH	For having improved confidence to contribute to class discussions and ask questions to consolidate your learning.
5/6C	Maci K	For staying up to date with all work tasks.
5/6D	Claudia S	For always being so well prepared for her online learning.

CONGRATULATIONS TO OUR STUDENTS OF THE WEEK

Week 8: Monday 30th - Friday 3rd September

GRADE	STUDENT NAME	AWARDED FOR
Foundation A	Eleanor P	For giving an excellent explanation of what a digraph is, which are two letters that make one sound.
Foundation B	Mason M	For actively contributing to our live think aloud session about the 'Three Kangaroos Gruff'. Awesome work Mason!
Foundation C	Michael B	For solving subtraction stories using blocks. Well done!
Foundation/1	Zoe W	for her fantastic effort at creating a narrative story "The Magic Umbrella " which included characters, setting, problem, resolution and illustrations.
1A	Ivy L	her focus and confidence when drawing in our 1:15 pm lives. Your drawings of sea creatures are outstanding Ivy!

1B	Ava B	For having the confidence to readily share her thoughts and ideas during online sessions.
1C	Martina FZ	For sharing details about her favourite books and characters during live sessions. Well done Martina.
2A	Santiago B	For being a superstar and giving 5 star effort in all of his learning tasks!
2B	Libona T	For demonstrating great fluency and expression in his reading of the role of the Wolf, during our script reading this week.
2C	Johnny G	for always completing his daily math tasks and showing enjoyment during warm up games. Keep up the enthusiasm and passion for Mathematics!
3/4A	Max V	<i>for being able to use the lattice strategy to solve multiplication problems. Well done superstar!</i>
3/4E	Salina	For her wonderful digital technology skills during remote learning. Our background theme queen.
3/4F	Mimi	For making excellent progress through all of her multiplication numeracy tasks this term. Well done!
56A	Harvey	For being an enthusiastic participant who makes great contributions in all of the live sessions on Teams.
56A	Yuana	For showing independence and organisation when working onsite during remote learning.
5/6C	Billy	For writing and singing great song lyrics.
5/6D	Alvin	For planning and writing a fantastic story for your picture story book.



Avondale Heights Cricket Club ~ Season 2021/2022

AHCC this year, will field an U10, U12 & a new U14 team.

The season will commence Friday October 8th, with training to commence Tuesday & Wednesday early evening, early September.

Please keep an eye on our Facebook page for updates:

Avondale Heights Cricket Club

Head over to www.playcricket.com.au to register.

- U10 - \$130
- U12 - \$160
- U14 - \$160

(Note, U12 & U14 will have a weekly umpire fee built into their fees).

For further information on the season, please contact:

- Dean Campbell – 0431 924 968
- Michael Moretti – 0412 472 333
- Shannvn McLeod – 0401 396 420

Uniform

AHCC Hat - \$12

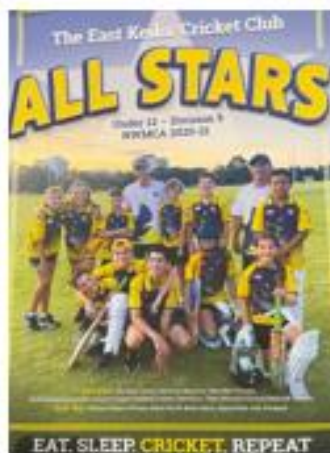
AHCC Shirt - \$15



EAST KEILOR CRICKET CLUB ARE LOOKING FOR JUNIORS TO JOIN THIS SEASON



BOYS & GIRLS, COME JOIN IN THE FUN AND PLAY CRICKET
FRIDAY NIGHT MATCHES - U10, U12, U14, U16
GIRLS U12 WEDS NIGHTS – GIRLS U14 MONDAY NIGHTS
MATCHES DUE TO START OCTOBER – MARCH 2022 (TBC)
(NO MATCHES PLAYED OVER X-MAS / SUMMER BREAK)



REGISTER ON PLAYCRICKET WEBSITE
FOR ANY QUERIES CONTACT DONNA: 0422167207



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20-22nd September

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to book or for more information.






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KIDS CLASSES

Free Trial Lesson!

Smaller courts, lighter racquets and low-compression balls that don't bounce too high make learning tennis fun and easy for primary school-aged children. This means that kids are able to start rallying and having fun right from their first lesson!

Cost: **\$9.00** a session



CARDIO TENNIS

Free Trial Lesson!

- High energy workout and burn 300 to 1000 calories
- Drill-based and play-based activities
- Lose weight, get fit and have fun
- Participants wear heart monitors, exercise to music and use low compression balls and a variety of equipment such as agility ladders

Cost: **\$12.50** a session.

LOCATIONS: Kensington Banks TC Smithfield Rd • North Park TC Flemington Rd
 Gladstone Park TC 18 Eimhurst Rd • St Matthews TC 95 William Rd
1300 22 33 86 ACEFUNTENNISCHOOL.COM

The Dance Centre



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 SEASON STARTS
OCTOBER

WHAT MAKES PAUL SADLER SWIMLAND DIFFERENT TO OTHER SWIM SCHOOLS?

AT PAUL SADLER SWIMLAND SURVIVAL SKILLS ARE THE FOUNDATION OF OUR LEARN TO SWIM PROGRAM

**PLACES
FILL QUICKLY
BOOK YOUR
CLASS
TODAY!**



**ZERO
DROWN
TOLL IS OUR GOAL!**

AT PAUL SADLER SWIMLAND WE TEACH SURVIVAL SKILLS AT EVERY LEVEL:
10 minutes per class is spent in deep water, where we teach treading water, deep water recovery (safety circle) and mobility on both front and back until children have achieved 2 minutes treading water.

**LEARN FROM
THE SURVIVAL
SPECIALISTS**



SCAN & BOOK

Paul Sadler Swimland Braybrook
67 Darnley Street, Braybrook
(03) 9311 7459
braybrook@paulsadlerswimland.com
paulsadlerswimland.com.au



Paul Sadler Swimland Est.1972
...Small Successes, Proudest Moments