



# Achievement, Confidence & Pride

NEWSLETTER #23 – Friday August 20<sup>th</sup>, 2021

Hi to our Avondale Community,

As you will have noticed throughout Flexible and Remote learning, we have been focusing on attendance, wellbeing and learning. Staff have engaged in a range of wellbeing experiences which we are adapting to share with our students and families. One of these learning tasks was based on mindfulness drawing. Cohen, one of our grade 3/4 students took this to the next level, setting the bar high for the rest of our community. Thank you for sharing with us Cohen.



## Practice kindness and gratitude

Gratitude is about taking some time recognise and celebrate the people and things we love and are thankful for. Being grateful can have a big impact on wellbeing as it strengthens relationships and makes us more optimistic. You can help your child practice gratitude by talking to them about:

- Things that make them happy
- Things that inspire them

- People and things that nurture them
- Experiences and thoughts they would like more of
- Helping them notice small pleasures like a cool breeze or a warm smile.


Being kind to others also supports wellbeing. It promotes feelings of gratitude as well as compassion and empathy. Kindness helps to build a sense of community and reduces stress. With your child, make a list of all the ways they can be kind to family, friends and your community. Together, chose a few things to practice being kind.

[your-childs-wellbeing-advice.pdf](https://www.education.vic.gov.au/your-childs-wellbeing-advice.pdf)  
([education.vic.gov.au](https://www.education.vic.gov.au))

Avondale Primary School promote a child safe learning environment. This is a shared responsibility between school and home. It is so important during these times, when children are spending a greater amount of time on-line, that parents and carers supervise, monitor and regularly communicate with their child/ren to ensure a cyber safe environment at home.

eSafety has a wide range of advice for [parents and carers](#) covering common online safety issues like managing screen time, cyberbullying, inappropriate content and images and contact from strangers. They also have basic online safety advice for parents in [languages other than English](#).

The eSafety website provides minimum age requirement for all apps, including Discord, Kik and TicToc, which are not appropriate for primary school students.




**Discord**

**13+** Minimum age according to Discord



**Kik**

**13+** Minimum age according to Kik



**TikTok (formerly Musical.ly)**

**13+** Minimum age according to TikTok

I know this may well be a challenging time. There are a number of supports available. These include:

- [A short video produced by headspace with tips and strategies for parents and carers during lockdown](#)
- [Student Mental Health and Wellbeing resources for advice](#)
- [Advice for students about how to adapt during COVID-19](#)
- [Resources for learning from home](#)
- [Translated resources for learning from home](#)

As part of the phased COVID-19 vaccination rollout, more Victorian parents, carers, and students are now able to receive the COVID-19 vaccines.

With more appointments now available over the next two weeks, we encourage you to book your vaccine at [Victorian](#)

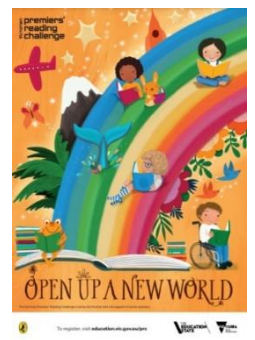
[Government's COVID-19 vaccine online booking system.](#)

For more information about eligibility, refer to [coronavirus.vic.gov.au](https://coronavirus.vic.gov.au) or use the Australian Government's [COVID-19 vaccine eligibility checker](#).

I trust our school community will ensure we do the right thing at this time, by complying with the restrictions in place and making careful and supportive decisions that limit movement through the community. Thank you again, for supporting your child's learning during this time.

### **PREMIER'S READING CHALLENGE**

Students at Avondale Primary have **28 days left** to participate in the challenge. Congratulations to the 12 students who have already met the Challenge. Don't forget to add the titles of the books you read to the PRC website. I wonder how many more students can meet the Challenge set by the Premier.



Happy Reading

Please take the opportunity to check out the fabulous work our students have been sending in. The designs for a new playground are outstanding as is the learning our Foundation students have engaged in.



Mrs Jill Benham  
Mr Joe Scarfo

Principal  
Assistant Principal

# NEW BUILD PROGRESS

We now have a building at the back of the oval. Construction is continuing despite the lockdown and progress has been exciting to watch as it seems to change daily.



**Building 1** is now at lock up stage. This photo, taken pre lockdown shows the brick cladding which is almost complete. Inside, the walls have been plastered and the fit out has begun.



**Building 2** will house the administration area and library. As you can see the site has been prepared and soon a crane will arrive to place the individual modules on their piers, ready to be bolted together.

Next year our front entrance will be on Wood Street.

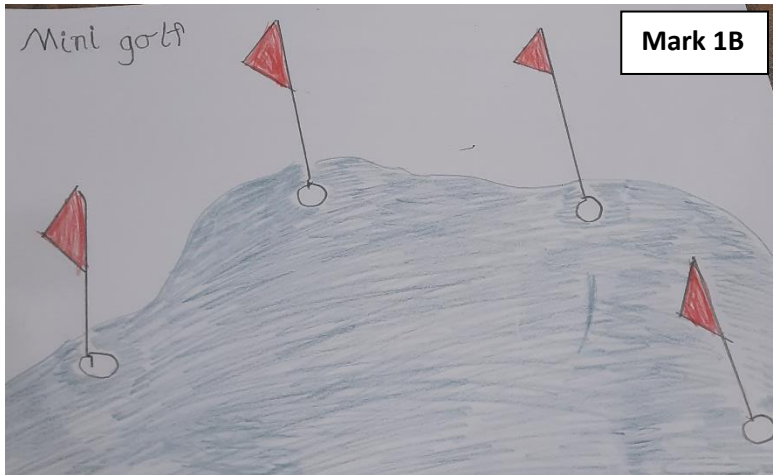
**Building 3** will be located closest to the canteen.

It is due to arrive in September and the builders have been busy preparing the in-ground services

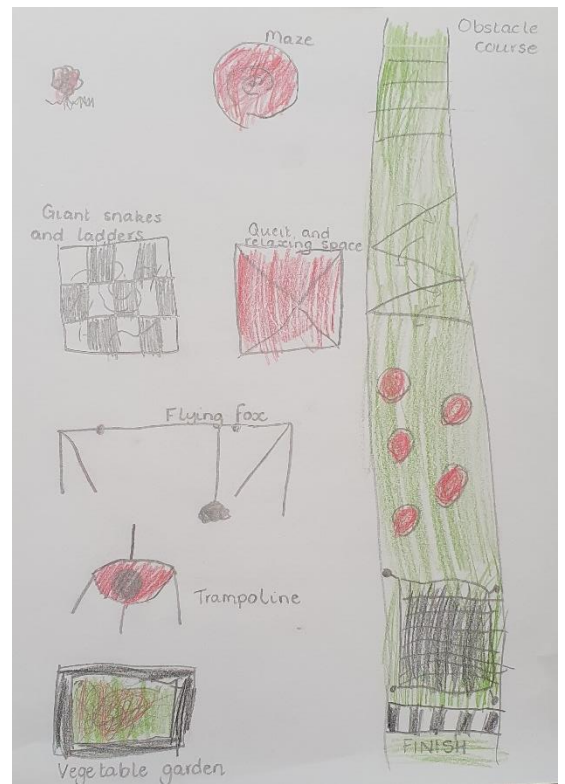
We expect construction to be completed mid way through December.



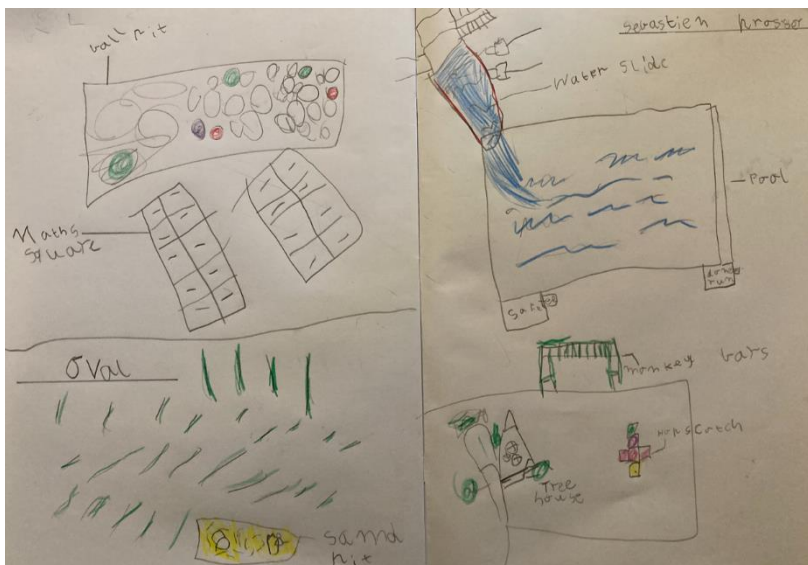
## FLEXIBLE AND REMOTE LEARNING HIGHLIGHTS



Sebastian had a great time in his online class discussing and then drawing what he'd love to see in the playground next year. **Sebastian P 1A**



Hi Mrs Benham and Mr Scarfo,  
 I have designed a garden design for our new school garden that I wanted to share with you. I would love to see lots of plants and flowers all around the school as well.  
 I hope we can use some of my ideas.  
**Aiden PB**





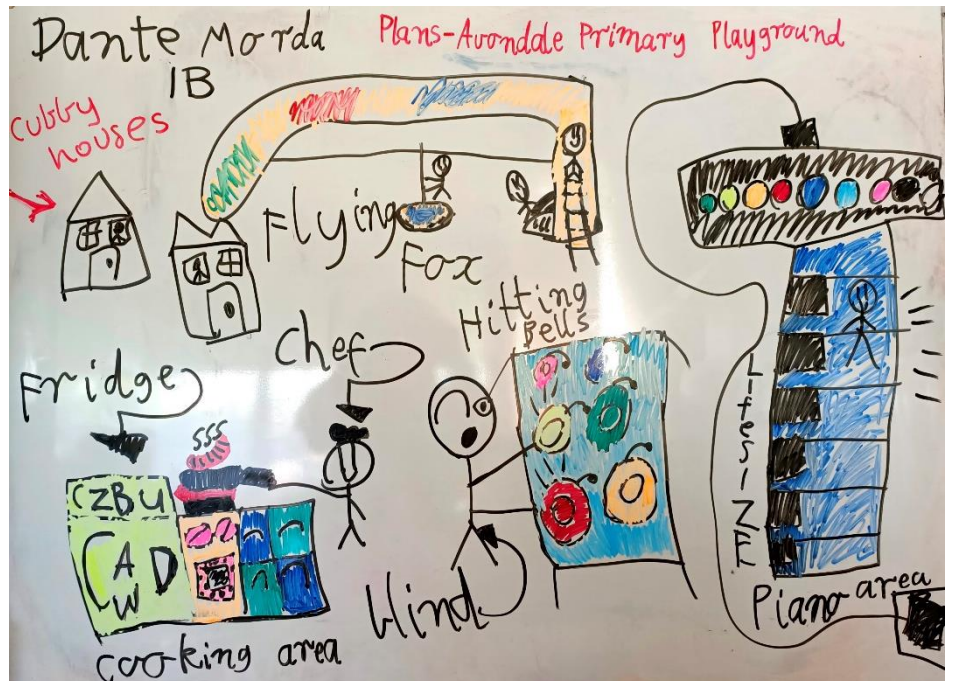
**Finnegan 1B**  
playground  
designs made on  
Minecraft

Hello Ms Benham and Mr Scarfo

This is a plan that I did of my ideas for the new Play Space for the school. I did it on my dads whiteboard in his office and I have tried to include play equipment to help our imagination and also to just have fun.

The Hitting Bell area is for students who don't have good eyesight or just want to have fun because it makes loud bell noises when you hit them. The cooking area is full of play food and pots and pans to play with, there are cubby houses to hide in, a giant flying fox to swing across and my favourite is the life size Piano Keyboard like the one in the movie "Big" so we all can jump on it and make music.

Thank you **Dante 1B**





## Road Safety

This week, our Foundation students have been learning about road safety. Students learnt about the features of a car that help keep them safe. They designed and created their very own safe car.



## CONGRATULATIONS TO OUR STUDENTS OF THE WEEK

Week 6: Friday 20th August

GRADE	STUDENT NAME	AWARDED FOR
Foundation A	Hayden J	For his fantastic effort in all areas of learning and his enthusiasm every time he is learning online.
Foundation B	Josie D	For designing a fantastic 'safe car' with materials around her house. Well done!
Foundation C	Arthur D	For designing and creating a very 'safe car' with many important safety features.
Foundation/1	Jayden C	for being a superstar mathematician and his fantastic effort at skipping counting by 2's , 5s and 10's
1A	Thomas C	Attending all remote learning live sessions and sharing his thoughts and answers with others. Amazing, Tom!
1B	Mark S	For his amazing descriptive writing of a park setting that included the use of his five senses.
1C	Emily A	For her fantastic effort in completing set tasks and for confidently sharing her ideas during live meetings. Well done Emily.
2A	Quinn P	For giving her best effort in all of her tasks throughout remote learning and never giving up. I am so proud of you Quinn!
2B	Dante Q	for producing a fabulous Fractured Fairytale Planner and for his prompt attendance on Live Meetings.
2C	Jessica M	for showing enthusiasm and completing all set tasks during Flexible and Remote Learning. Great work SUPERSTAR!
3/4A	Saketh N	For attentively listening to peers' presentations and providing them with feedback. Well done!
3/4B	Sannus N	For his amazing presentation on Victoria, you have covered so much content in the work submitted was at a very high standard. Well Done
3/4C	Arden N	Your outstanding presentation about Queensland!
3/4D	Astara S	For her consistent 'can do' approach to her learning

3/4E	Luki S	For his effort and commitment to publish and present an interesting information report.
3/4F	Amir J	For consistently working his hardest to complete all of his online learning tasks.
56A		
5/6B	Ava S	For creating and sharing an amazing garden design which encompassed numerous mathematical concepts.
5/6C	Grace H	For keeping up to date with all her online tasks.
5/6D	Alexander T	For the great attitude he has towards online learning tasks.
Performing Arts F- 2 Ms Portelli		
Performing Arts 3-6 Ms Portelli		
ITALIAN F - 2 Ms D'Amico		
ITALIAN 3 - 6 Ms D'Amico		
PE F-2 Mr Cleary	Jacob F PA	For practicing football during online learning
PE 3 - 6 Mr Cleary	Yuana O 56A	For keeping fit during online learning

**Week 5 Friday 13th August 2021**

GRADE	STUDENT NAME	AWARDED FOR
Foundation A		
Foundation B	Aiden B	for including lots of adjectives in his writing. Awesome work!
Foundation C	Kostas K	for writing interesting sentences with lots of adjectives.
Foundation/1	Aaron C	for solving addition stories using the draw it strategy and writing a number sentence to match.
1A	Elena P	for identifying a HEAP of words with /p/ sounds and practising the spelling of them all! INCREDIBLE, Elena

1B	Alba K	For her whole body listening during live sessions and uploading amazing work samples!
1C	Phillip C	For his amazing contributions during our Live Meetings. Well done, Phillip.
2A	Nicholas T	For being a superstar and keeping focused on his work!
2B	Levi K	For producing a fabulous Procedural Writing piece on 'making a milkshake.' Keep up the great work in Remote Learning.
2C	Noah T	for showing persistence during maths this week. Keep up the great work!
3/4A	Derek L	Writing a detailed information report on New South Wales. Keep up Derek!
3/4B	Lucas N	For being kind and caring helping others online and answering questions. Thanks for the backup Lucas!
3/4C	Alyssia K	Excellent presentation skills in your radio interview with an athlete.
3/4D	Isabel N	For believing in herself and showing this through her growth in numeracy this week.
3/4E	Austin L	For eagerly communicating and completing all work tasks during remote learning
3/4F	Venecia H	For your excellent 'live class' contributions and work samples throughout online remote learning.
56A		
5/6B	John K	For demonstrating a strong focus towards learning by attending all meetings during remote learning.
5/6C	James V	For assisting other students at school.
5/6D	Himank S	For being organised and responding to online learning with positivity.
Performing Arts F- 2 Ms Portelli		
Performing Arts 3-6 Ms Portelli		
ITALIAN F - 2 Ms D'Amico		

ITALIAN 3 - 6 Ms D'Amico		
PE F-2 Mr Cleary	Roy PA	For running like an Olympian!
PE 3 - 6 Mr Cleary	Saketh 34A	For an outstanding Olympian like effort in PE!

Week 4 Friday 6th August 2021

GRADE	STUDENT NAME	AWARDED FOR
Foundation A		
Foundation B	Layla N	for her excellent writing about road safety rules.
Foundation C	Tracey T	for solving addition stories using the 'make it' strategy.
Foundation/1	Adrian S	for trying his hardest at reading 'Mum's Birthday' during his small group check in.
1A	Frederik T	for writing a lovely piece titled "My Special People", which included a special memory!
1B	Abigail N	Her focussed approach to all tasks during Remote Learning
1C	Murad A	For his amazing learning in the classroom during Flexible & Remote Learning.
2A	Kayla D	For extending her learning in our maths remote learning and giving all tasks her best go!
2B	Hania B	For successfully following the Ninja Steps to work through worded problems. Great work on showing the strategies used to find the answer!
2C		
3/4A	Victoria F	Always being a great role model for her peers.

		Well done, Victoria!
3/4B	Mila B	displaying confidence engaging in online discussions and submitting work to the best of her ability. Well Done!
3/4C	Olivia C	Excellent research and text structure in your information report on Tasmania.
3/4D	Ollie S	For demonstrating how capable he is when he slows down and focuses. Awesome!
3/4E	Jackie W	For working cooperatively with his partner to research their project.
3/4F	Dee Jay L	For your persistence towards completing his numeracy and literacy tasks in class throughout term 3! Well done!
56A		
5/6B	Khadija M	For showing persistence during math lessons and not giving up when questions seem too hard
5/6C	Julie N	Excellent portrait drawing.
5/6D	Lachlan L	For achieving high quality results in all areas of study.
Performing Arts F- 2 Ms Portelli	Lily PA	showing creativity and enjoyment in Performing Arts. Well done!
Performing Arts 3-6 Ms Portelli	Kazem 3/4D	working cooperatively in your group during the writing of your Performing Arts play. Keep up the great work!
ITALIAN F - 2 Ms D'Amico		
ITALIAN 3 - 6 Ms D'Amico		
PE F-2 Mr Cleary	Luka M 1C	For skipping like an Olympian!
PE 3 - 6 Mr Cleary	Lauren V 56B	For a great attitude in PE and always doing her best!

## WHAT'S ON AT AVONDALE PRIMARY IN TERM THREE?

WEEK	DATE	
Week Five		
Week Six		Virtual Avondale Primary Art Show
Week Seven		
Week Eight		
Week Nine		
Week Ten	Monday September 13 – Wednesday September 15	Grade 3/4 Lady Northcote Camp dependent on COVID-19 restrictions

# WHAT MAKES PAUL SADLER SWIMLAND DIFFERENT TO OTHER SWIM SCHOOLS?

AT PAUL SADLER SWIMLAND SURVIVAL SKILLS ARE THE FOUNDATION OF OUR LEARN TO SWIM PROGRAM

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20-22 September



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to book or for more information.



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### KIDS CLASSES

*Free Trial Lesson!*

Smaller courts, lighter racquets and low-compression balls that don't bounce too high make learning tennis fun and easy for primary school-aged children. This means that kids are able to start rallying and having fun right from their first lesson!

Cost: **\$9.00** a session



### CARDIO TENNIS

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- High energy workout and burn 300 to 1000 calories
- Drill-based and play-based activities
- Lose weight, get fit and have fun
- Participants wear heart monitors, exercise to music and use low compression balls and a variety of equipment such as agility ladders

Cost: **\$12.50** a session.

LOCATIONS: Kensington Banks TC Smithfield Rd • North Park TC Flemington Rd  
Gladstone Park TC 18 Elmhurst Rd • St Matthews TC 95 William Rd

1300 22 33 86 [ACEFUNTENNISCHOOL.COM](http://ACEFUNTENNISCHOOL.COM)



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SEASON STARTS  
OCTOBER



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