

# AVONDALE PRIMARY SCHOOL



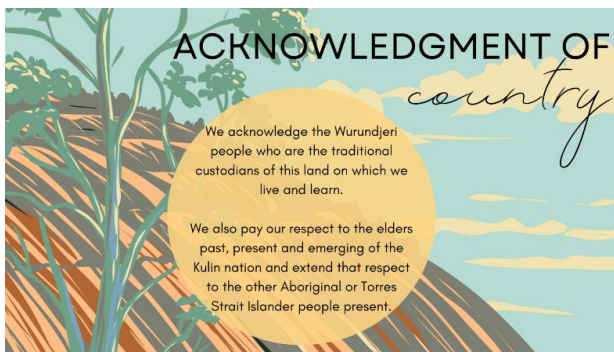
## NEWSLETTER #7 Friday May 15, 2026

**VISION STATEMENT:** Avondale Primary School; a community that strives for excellence through high quality learning, engagement and wellbeing for all.

**VALUES:** Learning, Respect, Responsibility

*Avondale Primary School is a Child Safe School. We are committed to the safety and wellbeing of all children and young people and have zero tolerance for child abuse.*

### Acknowledgement of Country



Hello to our Avondale community,

At Avondale Primary School, we live our values of Learning, Respect and Responsibility every day. We celebrate curiosity, growth and effort. We treat ourselves, others and our environment with care. We take ownership of our actions and contribute positively to our community. We encourage families to continue these conversations at home, reinforcing the same language and expectations students experience at school.

A huge thank you to our Fundraising Committee and the volunteers who helped make our Mothers' & Special Persons Day Stall such a success. Your time and care ensured our students had an engaging experience choosing gifts for the special people in their lives. We are grateful for your continued support of Avondale Primary School.



As the weather cools, a reminder that all students are expected to wear full school uniform each day. Please ensure all clothing is clearly labelled. Our official APS Winter Beanie is now available for purchase at Lowes. It's warm, comfortable and a great way to stay cosy while showing school pride.

Our **Weekly Webex Assembly** continues throughout Term 2. Families are warmly invited to join us online each week to celebrate student learning and achievement.

- **Meeting Number:** 572 658 684
- **Platform:** Webex
- **Purpose:** Celebrate student achievements, share updates and stay connected as a community.

### IMPORTANT DATES

#### TERM 2 2026

<b>Friday 15 May</b>	9.00am Webex Assembly <b>Meeting number: 572 658 684</b> 9.30am School Tour Education Support Staff Celebration Day
<b>Monday 18 May- Friday 22 May</b>	Education Week
<b>Tuesday 19 May</b>	6.30pm School Council meeting
<b>Thursday 21 May</b>	Foundation- Grade 1 Family Information Session: Numeracy 2.30pm-3.15pm
<b>Friday 22 May</b>	Curriculum Day Students are not required at school Team Kids Vacation Care available
<b>Friday 29 May</b>	Grade 5/6 Winter Gala Day #1 (selected students only)
<b>Thursday 4 June</b>	9.15am Webex Volunteer Induction Session: Child Safety & OHS
<b>Monday 8 June</b>	King's Birthday Public Holiday
<b>Friday 12 June</b>	Grade 5/6 Winter Gala Day #2 (selected students only)
<b>Tuesday 16 June</b>	5.00pm-6.00pm Foundation 2027 Information Session for prospective families
<b>Friday 19 June</b>	Open Classrooms from 2:30pm – 3:15pm with a focus on Inquiry Learning.
<b>Monday 22 June</b>	Cyber Safety Project in school Event
<b>Friday 26 June</b>	Last day Term 2 2.15pm dismissal
<b>Yard supervision times: 8.30am - 8.50am and 3.15pm-3.30pm</b>	



Our staff are participating in a full day of professional learning next Friday, May 22 (student free day) as part of our Berry Street Education Model Curriculum Day and throughout next week teams will be engaging in workshops with Margarita to support ongoing school improvement. We will open our classrooms later in the term, on Friday 19<sup>th</sup> June from 2:30pm – 3:15pm with a focus on Inquiry Learning to celebrate learning at Avondale Primary School.

Please read additional information about Education Week below.

Have a fantastic weekend,



Avondale PS School Improvement Team  
Jill, Jenna, Sarah, Frances and Amy

### 2026 TERM DATES & CURRICULUM DAYS

<b>Term 2 2026</b>	Monday 20 April - Friday 26 June <b>Student Free Day:</b> Friday 22 May
<b>Term 3 2026</b>	Monday 13 July - Friday 18 September <b>Student Free Day:</b> Wednesday 19 August
<b>Term 4 2026</b>	Monday 5 October - Friday 18 December <b>Student Free Day:</b> Monday 2 November

### TEAM KIDS

#### The TK Big Skip is in full swing!

Children at TeamKids are enjoying a fun skipping challenge this term, in partnership with [Dairy Farmers](#) - building skills, staying active and having fun with friends.

Less screen time, more Oomph! There's still time to join - book your child into TeamKids this Term 2. 🏃

[www.teamkids.com.au/venues](http://www.teamkids.com.au/venues)

Team Kids



# The TK Big Skip

## TERM 2 CHALLENGE

SKIP YOUR WAY THROUGH 10 WEEKS OF FUN NEW TRICKS

### Week 1

#### GETTING STARTED

Hold the rope handles. Rest the rope behind your feet. Swing the rope over your head. Jump as it comes down. Land soft. Go again.



1 JUMPS IN A ROW ★

10 JUMPS IN A ROW ★★

30 JUMPS IN A ROW ★★★

### Week 2

#### SIDE-TO-SIDE CONTROL

Swing the rope. Jump side to side over an imaginary line. Keep jumping as the rope turns.



10 SWAY-TO-SWAY JUMPS IN A ROW ★

30 SWAY-TO-SWAY JUMPS IN A ROW ★★

60 SWAY-TO-SWAY JUMPS IN A ROW ★★★

### Week 3

#### FORWARD & BACK BELL JUMPS

Swing the rope. Jump forwards over the rope. Jump backwards to where you started. Now Repeat.



10 AS MANY BELL JUMPS AS YOU CAN IN YOUR ROW ★

20 BELL JUMPS IN A ROW ★★

30 BELL JUMPS IN A ROW ★★★

### Week 5

#### ENDURANCE SKIPPING

Start skipping at a steady pace. Keep going as long as you can. Rest if you need to, then start again.



1 MINUTE NON STOP ★

2 MINUTES NON STOP ★★

3 MINUTES NON STOP ★★★

### Week 4

#### ROPE CONTROL

Swing the rope to the right. Swing the rope to the left. Jump through the middle. Now repeat.



5 CLEAR CONES ★

10 CLEAR CONES ★★

30 CLEAR CONES ★★★

AIM FOR 5-10 MINS EACH SESSION



More Skips More Oomph!

### Week 6

#### CRISS-CROSS

Cross your arms low in front of your body. Swing the rope. Jump once. Open your arms. Now repeat.



10 CRISS-CROSS JUMPS IN A ROW ★

20 CRISS-CROSS JUMPS IN A ROW ★★

30 CRISS-CROSS JUMPS IN A ROW ★★★

### Week 7

#### MAX IN A MINUTE

Skip as fast as you can for 60 seconds, counting your jumps. Take a break. Try and beat your score.



60 SECONDS BEST JUMP SCORE ★

60 SECONDS BEST JUMP SCORE TWICE ★★

60 SECONDS BEST JUMP SCORE TWICE ★★★

### Week 8

#### CHANGE UPS

Skip slowly for 3 turns. Skip at normal speed for 3 turns. Skip fast for 3 turns. Now repeat.

x3  
x3  
x3

1 ROUND OF CHANGE UPS ★

2 ROUNDS OF CHANGE UPS ★★

3 ROUNDS OF CHANGE UPS ★★★

### Week 10

#### CELEBRATION & FINISH!

Skip and count your jumps. Rest when needed. Add all your jumps together.



60 TOTAL JUMPS ★

100 TOTAL JUMPS ★★

300 TOTAL JUMPS ★★★

### Week 9

#### DOUBLE UNDER

Start skipping. Take a higher jump. Spin the rope fast. Let the rope pass under twice. Land!



10 TRY 1 & DOUBLE UNDER ★

10 TRY 1 & DOUBLE UNDER TWICE ★★

1 CLEAR DOUBLE UNDER IN A ROW ★★★



BOOK NOW



# TEAMKIDS

## N E S L E T T E R

TERM TWO

### SOME CLOTHING RECOMMENDATIONS FOR YOU

*We've had a fantastic and energetic start to Term 2 at TeamKids, with children eagerly reconnecting with friends, exploring new activities, and jumping straight into all the fun our program has to offer.*

*This fortnight has been especially exciting as we launched The TeamKids Big Skip, a nationwide initiative in partnership with Bega Group and their brand Dairy Farmers. Inspired by the transformation of Skipping Girl sign into the new "Scrolling Girl" in Melbourne, this campaign encourages children to swap screen time for movement and bring more "oomph" into their day.*

*With research showing that school-aged children are spending nearly three times longer on screens than they are being physically active, this initiative couldn't come at a better time. As part of the program, children have received skipping ropes and have been enthusiastically participating in our weekly skipping challenges. Each week introduces a new skill with varying levels of difficulty, designed to be quick and accessible—but we've loved seeing the children so engaged that the skipping often continues well beyond the challenge time! From learning the basics to trying out new tricks, the encouragement, teamwork, and excitement have been wonderful to watch.*

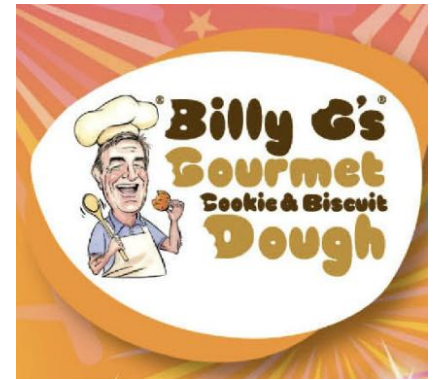


*Alongside all the action, we've continued celebrating children through our TeamKids Badge System, which recognises when they demonstrate our core values of Fun, Genuine, Remarkable, Involved, and Innovative. Over the past two weeks, many children have proudly earned badges—whether for giving something new a go, supporting their peers, showing creativity in play, or bringing positive energy to the group.*



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**COMING SOON** to  
**Avondale Primary School**  
**COOKIE DOUGH FUNDRAISER**



**EDUCATION WEEK**

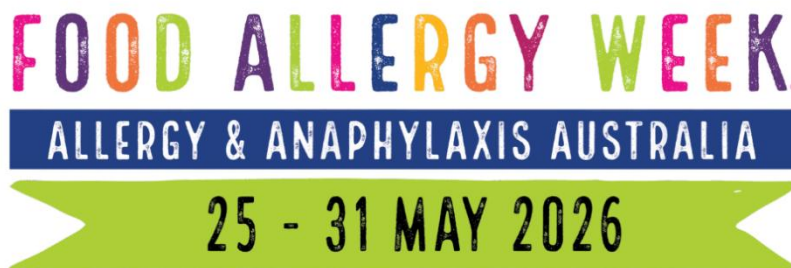
**Education Week 2026** is next week, **Monday 18 May to Friday 22 May**. This year's theme, *'Showcase your school'*, is a wonderful opportunity for us to celebrate the learning happening across our school.

As part of Education Week, we are inviting our Foundation and Grade One parents/carers/guardians to a Parent Session with Mathematics consultant, Margarita Breed and Learning Specialist, Sarah Carroll on Thursday 21 May from 2:30pm to 3:00pm (Staff Room). This session offers insight into how we teach maths in Foundation and Grade One classrooms and ways you can support this learning at home. Please RSVP by Monday 18<sup>th</sup> May to register your attendance [avondale.ps@education.vic.gov.au](mailto:avondale.ps@education.vic.gov.au).

Throughout Education week, Foundation to Grade 6 students will also bring home an engaging maths game or task to complete as part of their home learning. This activity is designed to help students share and celebrate their learning with you.



**ALLERGY AWARENESS – FOOD ALLERGY WEEK**



Did you know that 1 in 20 school age  
 children have a food allergy and some of them will experience a severe, potentially life-threatening allergic reaction called anaphylaxis? Australia has one of the highest allergy rates in the world.

While insect allergy is less common than food allergy in the school setting, the school community needs to understand how they can help support someone at risk of insect anaphylaxis. Currently there is no cure for food allergy so avoiding the food trigger is the only way to prevent an allergic reaction. It is important to note that for some individuals, very small amounts of a food or drink can trigger an allergic reaction including anaphylaxis.

This Be a MATE (Make Allergy Treatment Easier) allergy awareness resource is designed to provide for the school community on what allergies are and how to help classmates who have them. This includes being able to recognise an allergic reaction, including anaphylaxis, and act appropriately when it occurs.

**BE A MATE™**  
Make Allergy Treatment Easier

# How to help mates who have food allergies

- Wash your hands after eating
- Always take food allergies seriously
- Don't share food with mates who have food allergy
- Know what your mates are allergic to
- Get help straight away if a mate gets sick (even if they don't want you to)

If a mate who has food or insect allergies is showing any of these signs, tell them to stay where they are, and get a teacher or person in charge straight away

- Finding it hard to breathe
- Skin that is bumpy, red and itchy
- Swelling of the face, lips and eyes
- Vomiting
- Looking pale and feeling dizzy

For more information about allergies:  
1300 728 000  
allergyfacts.org.au

**Allergy & Anaphylaxis Australia**

**More information:** <https://allergyfacts.org.au/about-allergies/>

Avondale Primary School Anaphylaxis Policy';

[https://www.avondaleps.vic.edu.au/uploaded\\_files/media/anaphylaxis\\_policy\\_updated\\_february\\_2026.docx.pdf](https://www.avondaleps.vic.edu.au/uploaded_files/media/anaphylaxis_policy_updated_february_2026.docx.pdf)



The Victorian Premiers' Reading Challenge is now open and we're excited to be taking part!

This year's Challenge theme is '**Stories to discover. Stories to tell**'. Stories can inspire and challenge us, and help us grow. They open our eyes to new worlds and new ways of thinking.

the Premiers' Reading Challenge.

To **participate**, [Log in to the Premiers' Reading Challenge](#).

Your child's log in details will be glued into their Home Reading Diary/Journal.

### **Access the Challenge book list**

The [Challenge book list](#) has lots of books to choose from. Most of the books that students read during the Challenge should be taken from the list. It is important that students:

- read books appropriate for their year or reading level
- check with their teacher or parent/carer if they want to read a book from the list for years 9 and 10 students, if they are not in those year levels (this list includes titles for mature readers).

### **Read a certain number of books**

During the Challenge, a student will read a certain number of books that are suitable for them.

Prep to Year 2: Read a total of 30 books, with 20 or more of those books from the Challenge book list

Year 3 to Year 9: Read a total of 15 books, with 10 or more of those books from the Challenge book list

### **Track books read**

Each student has a dashboard to track the books they read for the Challenge. Once a student has read a book, they should mark it as finished on their reading list.

### **Have books verified**

Once a student has completed the Challenge, books need to be verified by a teacher. Following the verification, students that have completed the Challenge will receive a Certificate of Completion in Term 4.

All children who complete the Challenge will receive a certificate of achievement signed by the Victorian Premier and former premiers.

To learn more about the Challenge, visit [Premiers' Reading Challenge | vic.gov.au](#)

You can also contact our Challenge Coordinator – Sarah Carroll with any questions.

## HEALTH ADVICE

Victorians are being reminded to stay vigilant, with poisonous mushrooms beginning to appear during autumn as conditions become cooler and wetter.

Deputy Chief Health Officer Dr Evelyn Wong is warning people not to pick or eat wild mushrooms growing in home gardens or publicly accessible areas, as they can be poisonous and unsafe to consume.

“Adults and children are advised not to handle wild mushrooms with bare hands or eat them, and pets should be kept away from areas where mushrooms are growing. Eating some wild mushroom can make you very sick or even kill you.” Dr Wong said.

There is no home test available to distinguish safe and edible mushrooms from poisonous mushrooms and unless you are an expert, do not pick and consume wild mushrooms in Victoria, including in your home garden.

Poisonous mushrooms, including death cap mushrooms and yellow-staining mushrooms, are more common in Victoria through the autumn and winter months, particularly after rain.



**Death Cap Mushrooms**

**Yellow staining mushrooms**

It is important to safely remove any wild mushrooms growing at home to reduce the risk to young children and pets.

Wild mushrooms growing in home gardens should be removed by wearing gloves, carefully placing them in a bag and disposing of them in a closed general waste (landfill) rubbish bin. Hands should be washed thoroughly afterwards.

Victorians are strongly advised to only eat mushrooms purchased from supermarkets, greengrocers or other reputable retailers.

The Victorian Poisons Centre received more than 400 calls relating to mushroom exposures in 2025, with nearly half of these calls involving exploratory exposures in children under the age of five.

Poisoning can happen to anyone consuming wild mushrooms. If you or anyone in your care may have eaten a wild mushroom, do not wait for symptoms to develop. Please call the [Victorian Poisons Centre](#) immediately on [13 11 26](#) - available 24 hours a day, 7 days a week - for appropriate advice.

“Common symptoms of mushroom poisoning can include stomach pains, nausea, vomiting, diarrhoea. Ingesting death cap mushrooms can lead to irreversible organ failure and ultimately result in death.”

If you or anyone in your care feels unwell after eating wild mushrooms, including with severe gastrointestinal symptoms, call **000** immediately for an ambulance. Do not call the Victorian Poisons Centre in an emergency.

If your pet has ingested a wild mushroom, contact the [Animal Poisons Helpline](#) on [1300 869 738](#) for advice.

More information about mushroom poisoning is available at the [Better Health Channel](#).

## STAY WELL THIS WINTER

[Influenza \(flu\)](#) can be serious, especially for children. Choose to protect yourself and your loved ones with an [annual flu vaccine](#). The earlier you and your family get vaccinated, the better your protection heading into winter.

Keeping our school community well

We encourage parents and carers and students to:

- wash or sanitise your hands thoroughly and regularly, particularly before and after touching your face
- cough or sneeze into your elbow
- stay home if unwell and consult your GP or [Nurse-on-Call](#) as needed
- stay up to date with your flu vaccinations

Flu vaccinations

Flu vaccination is recommended for everyone aged 6 months and older. Some people are more at risk of severe illness from flu, especially babies and toddlers. They can get a [free vaccination](#) as part of the National Immunisation Program. You can book a flu vaccine through your GP or pharmacy, or [find a flu vaccine near you](#).

RSV vaccinations for mothers and babies

[RSV \(respiratory syncytial virus\)](#) is a common virus that causes colds and ear infections. In babies, it can cause severe illness like [bronchiolitis](#). The RSV vaccine is available for pregnant women as part of the National Immunisation Program. In Victoria, eligible babies can also get the RSV vaccine until Wednesday 30 September 2026. You can speak with your GP or midwife about the vaccine.

Find out more

For more information about staying well this winter, refer to:

- your GP, pharmacist or midwife
- the Better Health Channel – [Don't risk the flu](#) campaign, including information about flu and other vaccines. This information is available in different languages
- the Better Health Channel – [RSV vaccine for mothers and infants](#)

the Raising Children Network – [influenza](#), [COVID-19](#), [bronchiolitis](#) and [helping your child prepare for vaccination](#).

## RESPECTFUL, SAFE, ENGAGED: SHARED EXPECTATIONS TO SUPPORT STUDENT BEHAVIOUR

When schools, families and students work together, we achieve the best outcomes. These partnerships are essential to create school environments that support all students to belong, learn and thrive.

At Avondale Primary School all students are expected to be respectful, safe, and engaged. These behaviours help make our school a place where everyone can achieve their best. As a parent and carer, you play a vital role in helping your child to understand and meet shared behaviour expectations.

# Respectful, safe, engaged: shared expectations to support student behaviour

Together, we create safe schools where everyone belongs, learns, and thrives

When schools, families and students work together, we achieve the best outcomes. These partnerships are essential to creating school environments that support all students to belong, learn and thrive. As a parent and carer, you play a vital role in helping your child to understand and meet shared behaviour expectations.

How students demonstrate expected behaviours	How parents and carers can help	How schools support students to meet behaviour expectations
<p>At school, all students are expected to be respectful, safe, and engaged. These behaviours help make schools a place where everyone can succeed.</p> <p>Students meet these behaviour expectations by:</p>	<p>By modelling and encouraging positive behaviour, you help your child build the skills and habits they need to be successful at school. When families and schools work together, students can achieve their best.</p> <p>Parents and carers can help support their child's behaviour by:</p>	<p>By teaching and reinforcing positive behaviour, schools ensure positive, safe and fair learning environments with a focus on learning and wellbeing.</p> <p>Schools support families and students by:</p>
<p><b>Respectful</b></p> <ul style="list-style-type: none"> <li>→ Following staff instructions and school rules</li> <li>→ Caring for school property and others' belongings</li> <li>→ Using respectful language</li> </ul>	<ul style="list-style-type: none"> <li>→ Knowing the school's rules and supporting them at home</li> <li>→ Modelling <b>respectful behaviour</b> in how you speak to and about school staff, families, and others both in person and online</li> <li>→ Making use of the school's processes to raise and resolve concerns early</li> </ul>	<ul style="list-style-type: none"> <li>→ Teaching and demonstrating school rules and positive behaviour expectations to students</li> <li>→ Explicitly teaching, modelling and acknowledging expected respectful behaviour</li> <li>→ Engaging collaboratively and positively with all students, parents and carers</li> </ul>
<p><b>Safe</b></p> <ul style="list-style-type: none"> <li>→ Keeping themselves and others safe from harm</li> <li>→ Speaking up or seeking help from an adult if they or someone else is being treated unfairly</li> <li>→ Only bringing safe and necessary items to school</li> </ul>	<ul style="list-style-type: none"> <li>→ Working together with staff if your child is having problems at school to understand and resolve the issue</li> <li>→ Ensuring your child knows it is okay to ask for help from a trusted adult at school</li> <li>→ Ensuring your child stays safe online by talking with them and addressing concerns early</li> </ul>	<ul style="list-style-type: none"> <li>→ Having clear policies and procedures to prevent and respond to bullying and keep students safe</li> <li>→ Offering additional supports to students proactively, and supporting students to speak up and seek help</li> <li>→ Proactively identifying and addressing problems to maintain a physically, socially and culturally safe school environment</li> </ul>
<p><b>Engaged</b></p> <ul style="list-style-type: none"> <li>→ Going to school every day, being on time, and ready to learn*</li> <li>→ Taking part, doing their best, and asking for help when they need</li> <li>→ Knowing and following the school's policies, including the mobile phone policy</li> </ul>	<ul style="list-style-type: none"> <li>→ Helping your child to attend school every day – every day counts*</li> <li>→ Communicating with school staff and working together to support your child's learning and wellbeing</li> <li>→ Talking with your child about their day and how they are feeling, and encouraging their learning by noticing their effort and progress</li> </ul>	<ul style="list-style-type: none"> <li>→ Delivering evidence-based, inclusive education that meets the needs of all students</li> <li>→ Empowering students to have a say in decisions that affect their learning and school life</li> <li>→ Building strong, trusting relationships to ensure all students feel seen, heard and valued</li> </ul>

The Department of Education provides resources and support for schools to build positive student behaviour and foster positive relationships between schools, students and families.

## Where parents and carers can go for help

If you are concerned about your child's wellbeing, behaviour or safety you can:

- Talk to your child's teacher or identified contact person as the first step and follow the school's process for communicating concerns
- Ask the school for support or a referral – they can connect you with wellbeing staff or specialist services
- Contact the Department of Education's regional office if you need further assistance.

The following resources are also available:

- [Raising Children Network](#) – provides advice for parents of [school-aged](#), [pre-teens](#) and [teens](#)
- [eSafety Commissioner](#) – Advice for parents and carers to help keep children safe online
- [Report Racism hotline](#) – Find out how to report racism or religious discrimination in schools
- [Bully Stoppers](#) – Advice for parents and carers about bullying

\*we know that some students and their families are struggling with school attendance or navigating school refusal - here are some resources that can help - [Attendance and missing school](#) | [vic.gov.au](#), [Home](#) | [Parenting Strategies](#)



For further information, scan the QR code or visit: [vic.gov.au/supporting-positive-behaviour-schools](https://vic.gov.au/supporting-positive-behaviour-schools)

The Education State



Department of Education

## CYBER SAFETY PROJECT – ONLINE SAFETY WEBINARS FOR FAMILIES

We're thrilled to announce our school is continuing to partner with [Cyber Safety Project](#) to offer parents access to the **Cyber Safe Parents 2026 Webinar Series**. These practical, easy-to-understand sessions, available live or on-demand, will provide simple strategies to help families manage online safety, screen time, AI, and digital wellbeing. Pop these important dates into your calendars now:

### 2026 Topics & Dates:

#### 1. AI & Critical Thinking (Parent/Guardian session) – 20 May

2. Balancing Life & Tech (Parent/Guardian session) – 3 August
3. Cyberbullying & Resilience (Parent/Guardian session) – 27 October

All sessions start at 7.30pm AEDT/AEST.

**Can't attend live?** Register to receive the recording and resources to watch at a time that suits you.

👉 Register here: <https://cybersafetyproject.com/parents-2026> (do not share this link on social media)

The graphic is a promotional flyer for the Cyber Safe Parents 2026 Webinar Series. It features a blue header with the text 'LIVE ONLINE'. Below this is the 'CYBER SAFETY PROJECT' logo in a speech bubble. The main title is 'Cyber Safe Parents 2026 Webinar Series'. A central image shows a man and a woman looking at a laptop. Below the image are six topic buttons: 'DEVICE SET UP', 'ONLINE RISKS', 'APP SAFETY', 'CRITICAL THINKING', 'SCREEN TIME', and 'CYBERBULLYING'. The flyer is divided into sections: 'RAISING SMART, SAFE & KIND DIGITAL KIDS' with a QR code and registration link 'bit.ly/Parents-2026'; 'CYBER SAFETY AT HOME' (March 10, 7.30pm, for family workshop); 'AI & CRITICAL THINKING' (May 20, 7.30pm, for parents only); 'BALANCING LIFE & TECH' (August 3, 7.30pm, for parents only); and 'CYBERBULLYING & RESILIENCE' (October 27, 7.30pm, for parents only).

**LIVE ONLINE**

**CYBER SAFETY PROJECT**

JOIN THE CYBER SAFETY PROJECT FOR EXPERT INSIGHTS

## Cyber Safe Parents 2026 Webinar Series

DEVICE SET UP ONLINE RISKS APP SAFETY  
CRITICAL THINKING SCREEN TIME CYBERBULLYING

**RAISING SMART, SAFE & KIND DIGITAL KIDS**

The Cyber Safe Parents Webinar Series gives parents practical guidance to confidently support children online. Across four sessions, we turn online safety into simple, realistic actions to raise responsible, resilient and empathetic digital kids.

**Can't make it live?**  
Register anyway for the recording and resources.

**REGISTER HERE**

OR [bit.ly/Parents-2026](https://bit.ly/Parents-2026)

**CYBER SAFETY AT HOME**

**When:** 10 March 2026  
**Time:** 7.30pm AEDT (45 mins)  
**For:** Family Workshop (Parents & Children)

Covers the basics of online safety at home in clear, easy-to-understand language.

**AI & CRITICAL THINKING**

**When:** 20 May 2026  
**Time:** 7.30pm AEST (45 mins)  
**For:** Parents only

Learn what AI really is (and isn't) and why it matters for your family.

**BALANCING LIFE & TECH**

**When:** 3 August 2026  
**Time:** 7.30pm AEST (45 mins)  
**For:** Parents only

Tips to reduce conflict and restore healthy balance between screens and real life.

**CYBERBULLYING & RESILIENCE**

**When:** 27 October 2026  
**Time:** 7.30pm AEDT (45 mins)  
**For:** Parents only

Simple strategies to help guide young people to manage their wellbeing online.

Our school cares about the safety and wellbeing of our students and their families.

Sometimes things at home or in a relationship are not OK or families can be worried about the wellbeing of their children or young people.

The Orange Door can help you to get the support you need, quickly and easily. It's free and you don't need a referral.

### The Orange Door

The Orange Door can help families. They provide support for concerns with parenting, relationships, and family violence. The Orange Door is a free intake and assessment service for:

- families requiring support for their child or young person's wellbeing or development
- families needing parenting support
- young, isolated, or unsupported families
- individuals and families experiencing family violence
- adults using family violence
- young people using violence in the home.

If you contact The Orange Door, they can help by:

- working with you to identify the help and support you need
- supporting you with the wellbeing and development of your child or young person
- helping you make a safety plan if someone is making you feel unsafe
- connecting you to services that can help like counselling, accommodation, mental health and drug and alcohol services, parenting support groups, services for children, financial help, or legal assistance
- supporting you to access funding for basic living expenses and some other costs
- supporting you to change abusive or controlling behaviour.

Each Orange Door location across Victoria has their own phone number and email. Students and their families can also visit their local Orange Door in person for support, Monday to Friday, 9am - 5pm for support. No appointment is needed.

To find your local service, see: [The Orange Door – Support near you](#).

### How schools connect with The Orange Door

Our school might talk to a student and/or their family about The Orange Door. We might encourage them to contact their local Orange Door to get advice and help if needed.

Ideally, a student and/or their family will get in touch with The Orange Door to seek advice and support.

Sometimes, schools might make a referral to The Orange Door without the student or their family's knowledge or consent. Schools will do this if:

- informing a student and/or family increases the risk to their safety or wellbeing
- not linking a student to support increases the risk of their safety and wellbeing.

You can learn more about:

- The Orange Door and how they can help you and your family [here](#).
- how our school keeps our students safe by reading our Child Safety and Wellbeing Policy and our Child Safety Code of Conduct on the [school website Policies](#) page

## STUDENT DRESS CODE

The purpose of the [Student Dress Code Policy](#) is to outline Avondale Primary School's requirements for student dress and appearance and to provide information about uniform purchase and support, dress code implementation and exemption processes. This dress code has been approved by Avondale Primary School's School Council in close consultation with our subcommittees and school community to ensure that it respects the rights of individual students whilst reflecting the values and interests of our community. Our school will assist families and students who may be experiencing difficulties complying with this policy where possible through avenues including State Schools Relief and Second-Hand Uniform Shop access. Uniform items are also available from Lowes Airport West or [online](#).

Families of students wearing non-compliant uniform items will be reminded of our Student Dress Code policy and asked to wear compliant uniform items. If a student is out of school uniform or otherwise breaches the Student Dress Code on a recurring basis, a Compass Chronicle will be recorded by the school and posted to families. If non-compliance with the dress code becomes a continued occurrence, the School Improvement Team will follow up with a phone call or meeting, with the school continuing to work with the student and family to support compliance.

### Jewellery and cosmetics

Due to safety and security concerns students are not encouraged to wear jewellery to school. These include stud earrings and sleepers worn in the ears, bracelets and necklaces. Watches that are not internet enabled are permitted, however the school does not take responsibility for these items.

**The wearing of cosmetics and fake fingernails at school is not permitted.**



## 2027 FOUNDATION ENROLMENT

### Enrolling in Foundation in 2027

Foundation is the first year of primary school in Victoria. Your child can start school if they turn 5 years old before 30 April 2027. School is compulsory once your child turns 6 years old.

Applications to enrol in a Victorian government primary school for 2027:

- Open from Monday 20 April 2026
- Due by Friday 31 July 2026

This year we are also offering an information night for prospective Foundation families on **TUESDAY 16 JUNE from 5pm-6pm**. Please email the school if you would like to attend this session.



Now that your child is turning 5, it's time to think about enrolling them in primary school. The first year of primary school is called Foundation (Prep). Children can start Foundation if they turn 5 years old by 30 April in the year they begin school. School is compulsory for children who are 6 years old.

#### How to enrol in a Victorian government primary school

##### Before you apply

- Work out what year your child can start school based on their age
- Find schools and your school zone at [findmyschool.vic.gov.au](#)
- Contact primary schools from Term 1 to book a tour (optional).

##### How to apply

- Foundation (Prep) applications open from the start of Term 2
- Submit your application form by the last Friday in July
- The school will contact you with an outcome in the first 2 weeks of August.



Learn more at [vic.gov.au/enrolling-foundation-prep](#)

The Education  
Board

VICTORIA  
Department of  
Education and  
Preparatory  
Services

## CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

### HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments:** your child has started or changed schools this year.
- **changed family circumstances:** such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.

Applications are open for the Camps, Sports and Excursions Fund (CSEF). The CSEF helps eligible families cover the cost of school excursions or in school events, camps and sporting activities.

Payment amounts for eligible families this year have increased to \$400 for primary and secondary school students. This is up from \$154 and \$256 respectively.

If you hold a valid means-tested concession card or- support an out of home care student you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid directly to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child. Completed CSEF forms need to be submitted to the front office at school by Friday 26 June 2026.

## DEPARTMENT OF EDUCATION INSURANCE POLICIES

A reminder that the Department of Education insurance policies, which includes Avondale Primary School, **do not cover:**

- personal accident insurance or ambulance cover for students - parents/carers of students, who do not have student accident insurance/ambulance cover, are responsible for paying the cost of medical treatment for injured students, including the cost of ambulance attendance or transport as well as any other transport costs. Parents/carers can purchase insurance policies from commercial insurers.
- private property brought to school by students, staff or visitors

## ATTENDANCE

At Avondale Primary School, we prioritise regular school attendance. We work with families to ensure students are in class with their peers and teachers and enjoying all the benefits that brings. Attending school every day means experiencing what counts – the learning, friendship, fun and opportunities that can shape your child's future.

We understand that there are times when your child will need to miss school, however, to ensure minimal disruption to their education, please consider scheduling family holidays or medical/dental appointments outside of school time. If your child is well enough to attend but is worried about friendships, schoolwork or assessment, please encourage them to come to school. Avoiding school can make these feelings worse and can create a negative pattern of behaviour.

If your child is having difficulty attending school, talk to their teacher or a member of the School Improvement Team so we can work together to support them. We know that parents and carers can be juggling challenges daily to get your children to school. If your child must miss school, notify us as soon as possible via Compass.

For more information about the importance of everyday attendance, see [Attendance and Missing School](#). Remember, **Every Day Counts**.

Please log into Compass and address any unexplained absences your child may have. If families need assistance, please send an email to the school email address [avondale.ps@education.vic.gov.au](mailto:avondale.ps@education.vic.gov.au) or call the office on 9318- 1755. This helps to keep our attendance data up to date and accurate.



Missing **one day per fortnight** adds up to missing **four weeks** of school a year.

**Attending school every day** means experiencing what counts - the learning, friendships, fun and opportunities that can shape their future.



[vic.gov.au/education](http://vic.gov.au/education)



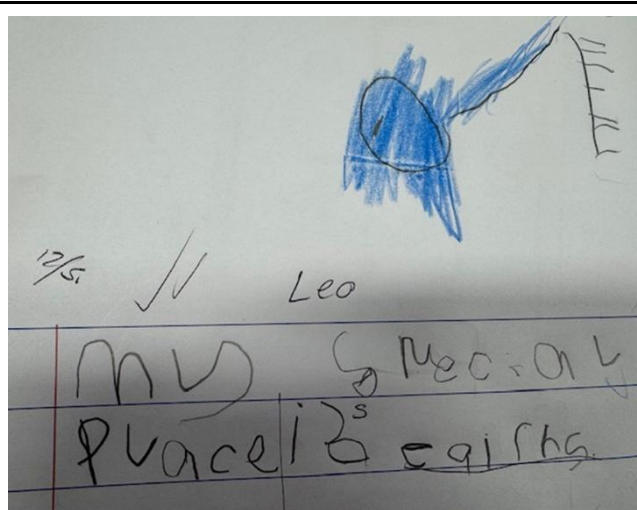
[vic.gov.au/education](http://vic.gov.au/education)



## Celebration of Learning – Inquiry Learning and Specialist Highlights

**Foundation** students have been learning about “*Where We Live*” and exploring places in their community. They have been making connections to special places they love, sharing why these places are important to them through discussion, drawing and writing. They have enjoyed talking about why these places are special and what they like to do there.

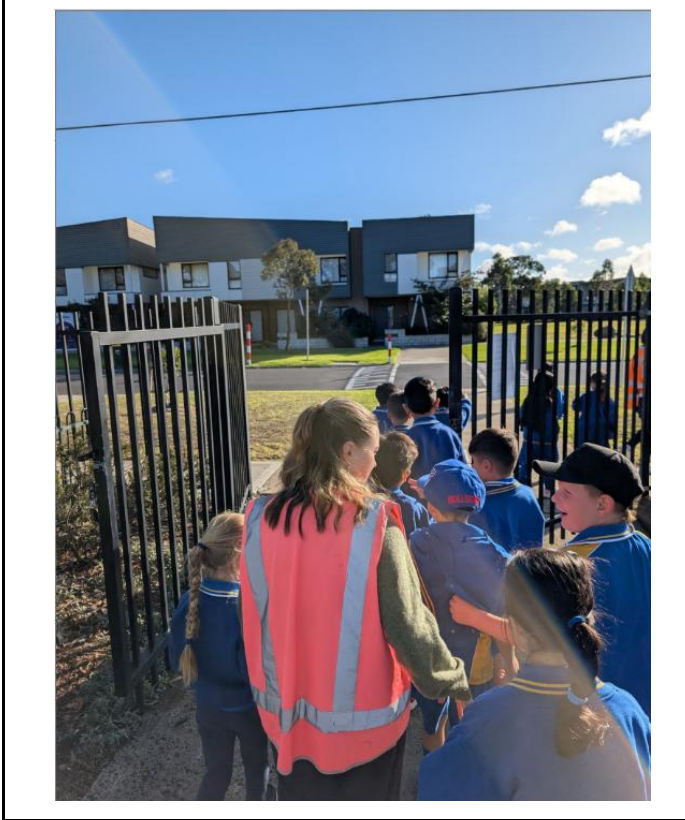




This term, our **Grade 1** students have been learning about *Places and Spaces*. As part of this unit, we went on a community walk around Avondale Heights. During the walk, students observed shops, services and features in our local area. This experience gave students the opportunity to see how a community works and discuss ways we can care for it. After returning to school, students reflected on their observations by writing about what they saw. They also used their ideas and inspiration to design and create their own *Avondale Heights Community Display*, showcasing their understanding of the features that make a community special.









This term, our **Grade 2** students inquiry unit of study is titled *Places and Spaces*. We are learning about how different people in the community provide us with goods and services. We enjoyed a sunny morning walk investigating our local community. We have also been fortunate to have parent volunteers as guest speakers to share how their jobs help our community. It has been interesting so far to have Rory's mum and Aine's mum share their experiences. Students liked asking their prepared questions to find out new information.

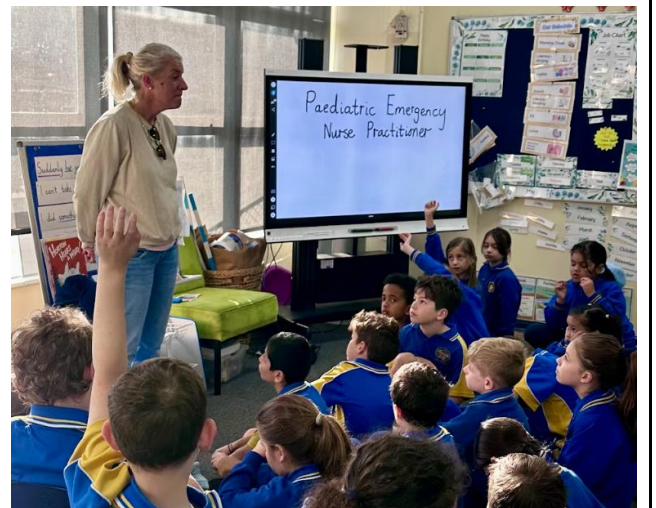




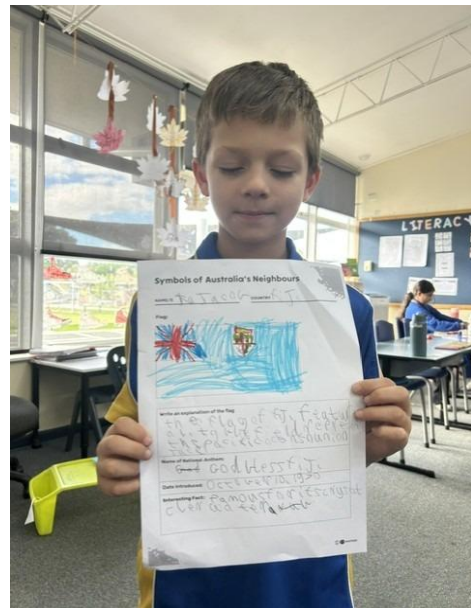
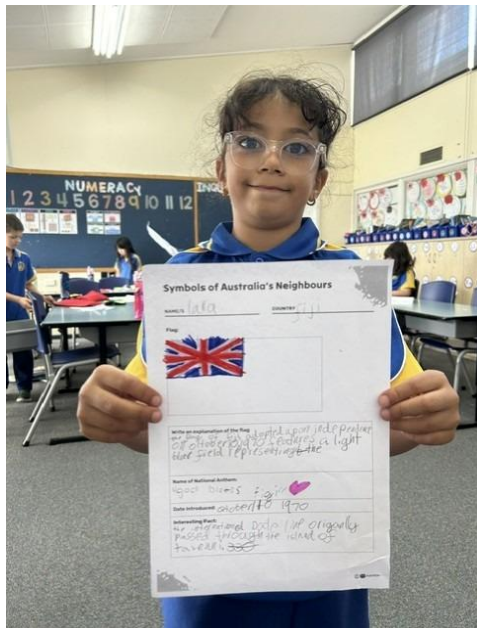
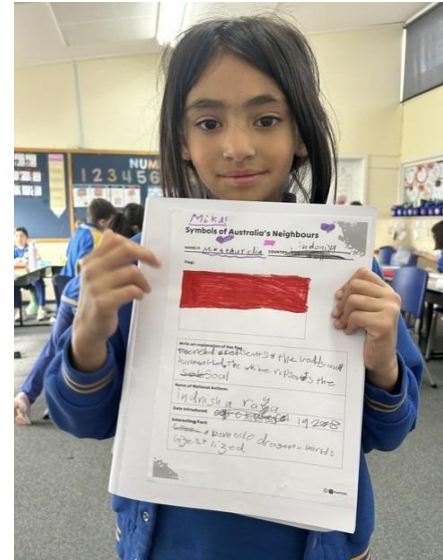


**Guest Speaker Questions about working in our community**

- Why did you choose your job? (Arthur)
- How do you help people? (Aine)
- What do you love about your job? (Amelia H)
- Have you ever met someone special when you were doing your job? (Kai)



Our **3/4 Students** are immersing themselves in the unit 'Our Island Home'. Students are learning more about Australia and our island neighbours, investigating climate zones, food chains, biomes and different rock formations. Students are considering the symbols, values and identities of different island nations. Within this unit, students are improving their questioning, research and mapping skills, as they collaboratively plan, model and map their own new island. This unit supports students in identifying connections between themselves and other people, places and environments and to better understand Australia's geographical position in the world.



**Symbols of Australia's Neighbours**

NAME: Zella Edith Hunt COUNTRY: Papua New Guinea

Write an explanation of the flag  
significance, meaning, colour and traditional heritage

Name of National Anthem:  
"I Have A Dream Song"

Date Introduced: November 16, 1975

Interesting Fact: One of the world's most diverse countries, having over 800 different native languages and over 600 islands.

**Symbols of Australia's Neighbours**

NAME/S: [unclear] COUNTRY: [unclear]

Flag:

Write an explanation of the flag

Name of National Anthem:  
"God Bless Fiji"

Date Introduced: 10 October

Interesting Fact: The highest Peak is Mount Tongariro with a height of 2,324 m / 4,344 ft



Labels for Australia flag: 'People black', 'Sun yellow', 'red desert land', 'Union Jack', 'white common blue star'.

Labels for New Zealand flag: 'White green people', 'white map of lands', 'Peace five islands', 'southern cross white'.

**Symbols of Australia's Neighbours**

NAME/S: Evelyn Country: Fiji

Flag:

Write an explanation of the flag

Name of National Anthem: God Bless Fiji

Date Introduced: fourth of October

Interesting Fact: The highest Peak is Mount Tongariro with a height of 2,324 m / 4,344 ft

Labels for UK flag: 'People', 'Sun', 'decent'.

Labels for Fiji flag: '20th round', 'People', '5 major islands', 'Island', 'Union Jack', 'represents history to Australia', 'Southern Hemisphere', 'crown', 'Parliament with statue'.



Grade 1 students focused on reading the 'fingerspelling' of others, at both a fast and slow pace. This lesson taught students the importance of communicating their signs in a moderate, clear and accurate way for others to understand.

This week, Foundation students have been learning about 'Things around the house.' Examples of their new signs included kitchen, lounge room, T.V, cupboards, window and door. Each week, Foundation students also have fun in Auslan warm-up activities to revise previous lessons and expand their Auslan vocabulary.



### Physical Education

Congratulations to the following students who were selected to participate in this year's District Cross Country Event.

- |           |            |          |
|-----------|------------|----------|
| Amelia M  | Savannah L | Alicia P |
| Mayuree T | Lily R     | Leila H  |
| Sean T    | Sam S      | Henry S  |
| Matthew C | Daniel W   | Atilla A |
| Georgia R | Elanor P   | Elke G   |
| Sabrina M | Zoe W      | Aliana K |
| Ollie C   | Connor O   | Hunter W |

Will T	Aiden B	Noah L
Annika S	Inaya A	Ivy L
Josephine A	Eloise R	Quinten L
Josiah A	Jenson A.B.	Sam S
Angelo S		

A BIG shout out to Noah L, Mayuree T, Alicia P who all finished in the top 15 and a big congratulations to **Ollie C (8th),**

**Savannah L (4th), Quinten L (3rd) and Sean T (2nd)** who have all qualified for the upcoming Divisional cross-country event.

We wish them all the best of luck in the next level of competition.





### Visual Arts

In Visual Arts this fortnight, students in grades 5 and 6 began a unit on Aboriginal studies. We kicked things off by examining a traditional boomerang housed in the National Museum of Australia, comparing it to the boomerangs we see today. Afterward, students designed their own boomerangs. In our next lesson, we applied an undercoat to the top of the boomerangs, and this week, we had the opportunity to sketch and paint our designs. They look fantastic!





## STUDENTS OF THE WEEK – Term Two: Week 3

STUDENT NAME	GRADE	VALUE Respect Responsibility Learning	DEMONSTRATED WHEN
Keomi	Foundation A	Respect Responsibility Learning	For using her heart words and sound knowledge to write 3 amazing sentences! Keep up the good work Keomi :)
Alki	Foundation B	Respect Responsibility Learning	For settling into classroom routines so well and always trying his best. Keep up the great work!
Eva P	Foundation C	Learning	For great sounding out when reading CVC words!
An	1A	Respect Responsibility Learning	For being a responsible and respectable member of the class.
Isaac K	1B	Respect Responsibility Learning	For trying your best in all learning activities this week, especially in writing. Keep up the amazing effort!
Alec	1C	Respect Responsibility Learning	For showing a positive attitude to learning and being respectful and polite with teachers and peers. Keep it up Alec!
Oscar L	2A	Respect Responsibility Learning	For being focused and showing that he is ready to learn in all tasks. Amazing Work!
Abigail	2B	Respect Responsibility Learning	For making a fantastic start at her new school. We are so lucky to have you in our grade!
Skylar	2C	Respect Responsibility Learning	For demonstrating responsible and respectful behaviour to our visiting teacher. Thank you for continuing your learning.
Alisha L	3/4A	Learning	For your wonderful work this week, writing a beautiful poem and using the split strategy to solve addition problems.

Rosie	3/4B	Learning	For showing perseverance using the split strategy for solving addition problems. Well done, Rosie! Keep up the great work
Zak	3/4C	Learning	For showing so much enthusiasm during our poetry unit and trying your best. You have used figurative language well and engaged your audience. Keep it up Zak!
Ann	3/4D	Learning	For your incredible work throughout our poetry unit this term. Your thoughtful word choice to create imagery for your readers is a real talent of yours. Keep it up Ann!
Leon P	3/4E	Respect Responsibility Learning	For your incredibly thoughtful poetry. You show that you know your audience well and use every language device you can to make them feel a certain way. Well done!
Abigail	5/6A	Respect Responsibility Learning	For drafting and editing such an entertaining story and for always pushing herself to do her best. Well done Abi, keep it up!
Kehan	5/6B	Respect Responsibility Learning	For a positive start to Avondale Primary School. It is lovely to see you enjoying your learning and making new friends. Good job Kehan!
Fia	5/6C	Respect Responsibility Learning	For excellent work in English, identifying and discussing Jackie French's use of imagery and sound devices. Well done Fia!
Inaya	5/6D	Responsibility Learning	For your amazing description and tension build up in your narrative. You had me hooked as a reader.
Zachary	5/6E	Respect Responsibility Learning	For consistently working hard on your organisation skill and your willingness to share your wonderings during whole class learning.

### SPECIALIST AWARDS – Term Two: Week 3

STUDENT NAME	GRADE	VALUE Respect Responsibility Learning	DEMONSTRATED WHEN
Danna 3/4A	Visual Arts	Respect Responsibility Learning	For creating an impressive and imaginative cake slice sculpture. Awesome job!
Zylar FA	Science F-2	Learning	For her understanding of what objects are made from. Zylar was able to use descriptive language to describe the properties of objects.
Ruby 3/4B	Science 3-6	Learning	For her increased confidence in sharing her ideas amongst her peers and in class discussions. Well done Ruby, keep it up!
Rupert 1A	AUSLAN F-2	Respect Responsibility Learning	For being a super focused learner and confidently signing all of the 'medical signs' to his peers. Rupert has been participating very well during our Auslan lessons and is always keen to share his signing knowledge!

Ryan H 5/6C	AUSLAN 3-6	Respect Responsibility Learning	For being an outstanding learner, demonstrating his Auslan knowledge by consistently recalling many signs and regularly participating in our class discussions. Ryan is always respectful towards his peers and is a great team player in group activities.
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## STUDENTS OF THE WEEK – Term Two: Week 4

STUDENT NAME	GRADE	VALUE Respect Responsibility Learning	DEMONSTRATED WHEN
Yuvansh B	Foundation A	Respect Responsibility Learning	For showing determination, persistence and a positive attitude towards writing! Well done Yuvansh :)
Reo B	Foundation B	Learning	Reo has been trying so hard in his writing to record sounds in words and not give up when things get tricky. Great work, Reo!
Ivanka	Foundation C	Respect Responsibility Learning	For always showing our school values and being a great class member.
Alex T	1A	Respect Responsibility Learning	Always working to the best of his ability!
Demi T	1B	Respect Responsibility Learning	For trying your best and adding extra details to make your writing more interesting!
Juju	1C	Respect Responsibility Learning	For always working hard and showing a positive attitude to learning. You're getting better at reading, writing and maths thanks to your enthusiasm and perseverance. Keep it up Juju!
Eugene K	2A	Respect Responsibility Learning	For showing readiness to learn and trying your best in all your learning activities this week. Keep up the amazing effort!
Finn G	2B	Respect Responsibility Learning	For his amazing consistency with home reading! Keep it up!
Sofia D	2C	Respect Responsibility Learning	For making a wonderful confident start at your new school
Sean T	3/4A	Respect Responsibility Learning	For demonstrating respect for yourself as a learner. You took on feedback about the presentation of your work and applied your growing understanding to create mathematical thinking that is well organised and easy for others to follow.
Ayoub M	3/4B	Learning	For listening to feedback and presenting his mathematical thinking in a beautiful format! Keep up the great work!
Josie B	3/4C	Learning	For doing an amazing job in maths this week. You showed persistence and resilience when things were challenging. Keep it up Josie!

Nhan N	3/4D	Respect Responsibility Learning	For your positive attitude, enthusiasm and great cooperation skills when working with your partner to research different climate zones during Inquiry. Well done Nhan!
Angus M	3/4E	Respect Responsibility Learning	For being so enthusiastic to share what you know about our inquiry topic with others and taking the time to help others understand. Keep it up!
Mark S	5/6A	Respect Responsibility Learning	For the thoroughness you have put into all of your learning tasks and for always demonstrating respect and responsibility. Well done Mark, keep it up!
Stephano N	5/6B	Learning	For his amazing efforts to achieve his writing goal this week. You created your own checklist and took responsibility for your own learning. Great effort!
Martina F	5/6C	Respect Responsibility Learning	For challenging yourself in mathematics when solving worded problems involving addition and subtraction. Well done Martina!
Lucas P	5/6D	Respect Responsibility Learning	For the incredible wording and description in his narrative 'Tsunami.' <i>"Day by day the water goes down. People worldwide came to restore the once alive town."</i>
Presley	5/6E	Respect Responsibility Learning	For taking on a mature approach to your learning and achieving results in all areas of which you should be proud. Well done and keep it up!

### SPECIALIST AWARDS – Term Two: Week 4

STUDENT NAME	GRADE	VALUE Respect Responsibility Learning	DEMONSTRATED WHEN
Georgia B	Performing Arts	Respect Responsibility Learning	For being an outstanding, caring person and sharing her ideas in Performing Arts.
Bao N 5/6B & Helen N 5/6D	Visual Arts	Respect Responsibility Learning	For your willingness to learn new things, being a responsible helper and most importantly showing respect to everyone.
Matilda H	Science F-2	Learning	For investigating how materials bend and stretch and twist, and recording your observations using a table.
Sean 3/4A	Science 3-6	Responsibility Learning	For focussing on your classwork and taking on constructive feedback to strengthen your scientific nonsense narrative! Well done.
Lir F FC	AUSLAN F-2	Learning	For demonstrating his excellent Auslan skills by accurately signing 'things around the house' during our lesson this week. Lir always listens well and is a keen Auslan learner!
Imogen B 3/4A	AUSLAN 3-6	Respect Responsibility Learning	For being an awesome learner by regularly demonstrating her Auslan knowledge, recalling many taught signs and participating

			in our class discussions. Imogen is always respectful, responsible and a great Auslan student!
Aine T 2C	PE F-2	Respect Responsibility Learning	For showing outstanding kindness, empathy and teamwork. Well Done!
Ainsley C	PE 3-6	Respect Responsibility Learning	For demonstrating outstanding leadership and a great level of knowledge during our Netball practice. Well Done!

**COMMUNITY INFORMATION**



**FREE TRIAL LESSON**

Tennis Australia Qualified Club Professional Coaches  
**FREE** tennis racquet & free t-shirt included with all ANZ Hot Shots term enrolments

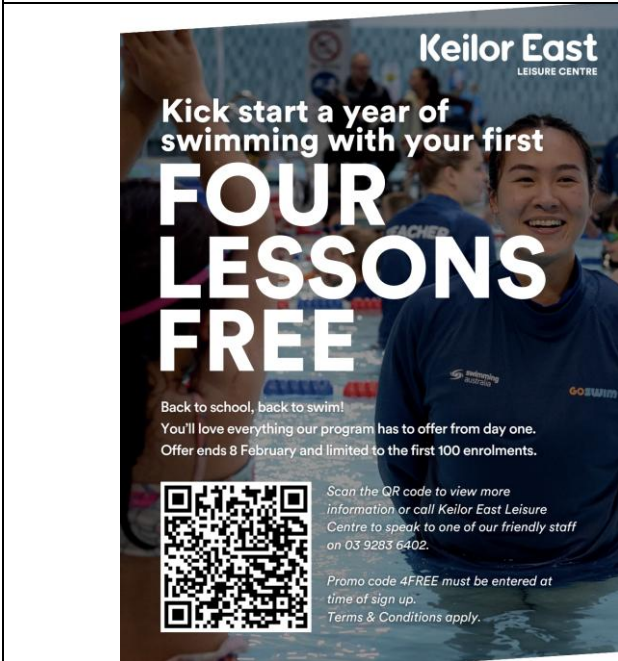
Adult & Junior Tennis Lessons | ANZ Hot Shots | Cardio Tennis | Match Play  
 Technique - Strategy Coaching | Private & Semi-Private Coaching

**ACEFUNTENNISCHOOL.COM**      **1300 22 33 86**



**ESSENDON**  
**PRIMARY SCHOOL TENNIS PROGRAM**  
 Monday to Friday  
 4.00 - 5.30pm  
**TERM TWO DATES**  
 April 20<sup>th</sup> to June 28<sup>th</sup>  
**FREE TRIAL LESSONS** →  
 Bookings essential - please book in advance  
<https://www.vidatennis.com.au/free-intro/>

**Contact Us**      **Mark Smout**      **Nick Opasinov**  
 marks@vidatennis.com.au      nick@vidatennis.com.au  
 0421 209 408      0411 224 976



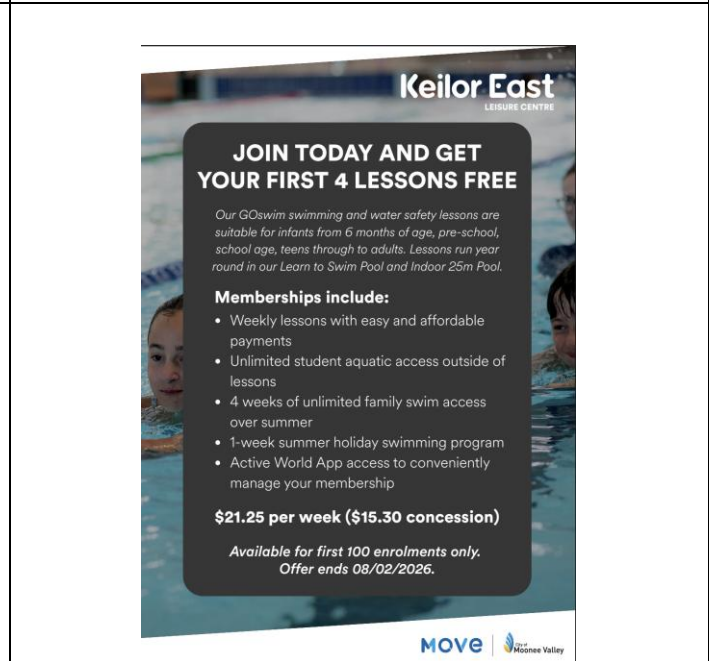
**Keilor East LEISURE CENTRE**

Kick start a year of swimming with your first  
**FOUR LESSONS FREE**

Back to school, back to swim!  
 You'll love everything our program has to offer from day one.  
 Offer ends 8 February and limited to the first 100 enrolments.

Scan the QR code to view more information or call Keilor East Leisure Centre to speak to one of our friendly staff on 03 9283 6402.

Promo code 4FREE must be entered at time of sign up.  
 Terms & Conditions apply.



**Keilor East LEISURE CENTRE**

**JOIN TODAY AND GET YOUR FIRST 4 LESSONS FREE**

Our GOswim swimming and water safety lessons are suitable for infants from 6 months of age, pre-school, school age, teens through to adults. Lessons run year round in our Learn to Swim Pool and Indoor 25m Pool.

**Memberships include:**

- Weekly lessons with easy and affordable payments
- Unlimited student aquatic access outside of lessons
- 4 weeks of unlimited family swim access over summer
- 1-week summer holiday swimming program
- Active World App access to conveniently manage your membership

**\$21.25 per week (\$15.30 concession)**

Available for first 100 enrolments only.  
 Offer ends 08/02/2026.

**MOVE** | 25m Moonee Valley

THE **DANCE SOCIETY**

Keilor East  
LEISURE CENTRE

Kick start a year of dance with your first

# FOUR LESSONS FREE

Back to school, back to dance. Offer ends 8 February.



Scan the QR code to view more information or call Keilor East Leisure Centre to speak to one of our friendly staff on 03 9283 6402.

Promo code **DANCE4FREE** must be entered at time of sign up. Terms & Conditions apply.



THE **DANCE SOCIETY**

**THE DANCE SOCIETY**

Looking for a fun and enriching way for your child to improve their dance skills and coordination?

The Dance Society offers the perfect opportunity for kids to develop their abilities in a mix of hip-hop, jazz, and musical theatre!

Plus, as a parent, you can relax knowing there's no need to worry about costumes or extra stress - just pure enjoyment for everyone!

**MEMBERSHIP**  
**\$16.40/Week**  
On a direct debit

**PRE-SCHOOL (3-4 YRS)**  
WEDNESDAY 4:15PM - 4:45PM  
THURSDAY 4:45 PM - 5:15 PM

**LEVEL 1 (5-7 YRS)**  
THURSDAY 4:00PM - 4:45PM  
FRIDAY 4:00PM - 4:45PM

**LEVEL 2 (8-11 YRS)**  
TUESDAY 4:00PM - 4:45PM  
THURSDAY 5:15PM - 6:00PM

**LEVEL 3 (12+ YRS)**  
SATURDAY 9:00AM - 9:45AM

PLEASE NOTE: Age ranges are only a guide. Levels are based on abilities.

**CONTACT**

E kelcinfo@movemv.com.au  
P 03 9283 6402  
A 84 Quinn Grove, Keilor East  
W movemv.com.au

T&Cs: All memberships are on a direct debit of \$16.40 per week.



# Dance Theatre



**Dance Classes:**

- Classical
- Contemporary
- Lyrical
- Jazz
- Tap
- Hip hop
- Acro
- Musical Theatre

All dance styles offered. Performance, examination and recreational classes

**Taking enrolments for 2026!**

**Free trial class!**

Bank St, Ascot Vale  
Dance\_theatre\_au  
Dancetheatre.com.au  
Dancetheatre@gmail.com  
0423089981/0415477434




**AVONDALE HEIGHTS FC**

# AVONDALE HEIGHTS FOOTBALL CLUB

Come and Join in the Fun.  
We are building our Girls Program and on the lookout for new players.  
All welcome and any skills level!



Community sports paves the way for future friendships  
Avondale Heights - not just a footy club... we are a family club  
[#WeAreAvondale](#)

Season Commences Term 1 2026  
Training Fridays 4:30pm-5:30pm  
Games Sunday Morning  
(Born 01/01/2018 - 30/04/2019)

**JAMES KERR**  
0404 944 699

Keep in the Loop  
@avondaleheightsfc

## SEASON 2026



**MARIBYRNONG COLLEGE**

## COLLEGE TOURS NOW RUNNING

Meet our Principal, Michael Keenan, for an overview of Maribyrnong College's vibrant educational community. Then join Assistant Principal, Bernadette Caulfield, and student representatives for a tour of the College.

**BOOK ONLINE:**  
MARIBSC.VIC.EDU.AU



## YEAR 7 (2027) APPLICATIONS NOW OPEN

Maribyrnong College invites talented student-athletes to apply for our select entry program. Sports scholarship applications close Wed 25 Mar.

### TERM 1 SPORTS ACADEMY TOUR WEDNESDAY 25 FEB

**BOOK ONLINE:**  
SPORTSACADEMY.MARIBSC.VIC.EDU.AU



Advocating for children with disability

Free online workshops

## Early Years Series



### Practical support for families raising children with developmental delay and disability

In March we are running two free 90-minute online workshops led by facilitators who are parents of children with disability.

#### Getting Ready for Child Care and Kindergarten

Find out how your child can be supported and included at child care and kindergarten. Learn simple ways to work in partnership with your child's educators.

Mon 5 March & Tues 4 March

#### First Steps to Support

Find out what help is available for you and your family, including: financial assistance, getting a break and supporting siblings.

Mon 16 March & Tues 17 March

#### Learn about



- Understanding your child's rights in education
- Reasonable adjustments in the early years
- Financial support options for families
- Self-care and where to go for help

66

Content was helpful and relevant. I walked away with practical resources I could use right away.

99

#### Scan to register

Email  
educate@acd.org.au

Call 03 9880 7000 or  
1800 654 013 regional

<https://bit.ly/EYSmar26CC>



## JUNIOR BASKETBALL CLUB

### WINTER SEASON REGISTRATION

- Improve your skills, make new friends and have fun!
- Friendly and supportive club
- Open to boys and girls of all skill levels
- Age groups from Under 8s to Under 19s
- Season starts first week of Term 2
- New players welcome
- No experience required

### READY TO JOIN?



Text or call 0435 584 478  
or email [avondaleraidersbc@gmail.com](mailto:avondaleraidersbc@gmail.com)



## St Bernard's 2026 Auskick

# REGISTER HERE >



13 session starting 18 April  
9:30am Saturdays @ St Bernard's ovals  
4yo kinder - Grade 2, all welcome  
Girls group, experienced coaches,  
prizes and player trophies included

Tom Isaacs - 0400044006 or [StBernardsfooty@gmail.com](mailto:StBernardsfooty@gmail.com)





**nab AFL Auskick**

## AUSKICK FREE COME & TRY

Whether you're a seasoned player or trying it for the first time, now's the perfect time to get involved! Have fun, challenge yourself, and enjoy the thrill of the game.

**AFL PLAY** SCAN HERE  **AFL VICTORIA**

**PENNELL RESERVE, BRAYBROOK**  
**SATURDAY 28TH FEB, 10AM**

VISIT [PLAY.AFL](http://PLAY.AFL)

[WWW.MOONEEVALLEYFC.COM.AU](http://WWW.MOONEEVALLEYFC.COM.AU)

# FOOTY IS BACK

**GOT A DAUGHTER BORN BETWEEN 1<sup>ST</sup> JAN '16 - 30<sup>TH</sup> APRIL '19?**

BRING HER DOWN TO 'THE VALLEY' TO GIVE FOOTY A GO - PROMISE SHE'LL LOVE IT

AMAZING CLUB, GREAT VIBES AND FRIDAY NIGHT TRAINING = HOT CHIPPIS & HOT DOGS

COME ALONG HAVE A RUN, MAKE SOME FRIENDS AND SEE WHAT ITS ALL ABOUT

## UNDER 10 GIRLS INSPIRE THE NEXT GENERATION

**CONTACT NADIA: 0401 577 530 FOR MORE INFO**




**keyassets**  
SERVING CHILDREN, FAMILIES & COMMUNITIES

## Can you help?

**FOSTER CARERS NEEDED IN VICTORIA.**

Take our 2-min quiz at [Canifoster.com.au](http://Canifoster.com.au) or call us on **1800 932 273**



**keyassets**  
SERVING CHILDREN, FAMILIES & COMMUNITIES

## COULD YOU FOSTER A CHILD?

We **URGENTLY** need **Foster Carers in your area.** Enquire now on how you can help change a child's life.

**Canifoster.com.au | 1800 932 273**

If you have thought about foster care, please get in touch and ask the questions you have always wanted to.

Ring: Key Assets 1800 932 237 or 1800 WE CARE

Email: [info@keyassets.com.au](mailto:info@keyassets.com.au)

Web: [canifoster.com.au](http://canifoster.com.au) or [keyassets.com.au](http://keyassets.com.au)

Ages 5-13

# Holiday Camps on sale now!



**MINECRAFT** • Coding  
Robotics • Animation • Craft & more

Book now at [codecamp.com.au/flyer](http://codecamp.com.au/flyer)

**SAVE \$25** Use coupon code FLYER25 at checkout

Supported by GROUP

# \$10 DANCE CLASSES

For ages 4-7 years

Pay weekly!

No uniforms

No concerts

No joining fees

Cancel anytime



# ESSENDON

Sundays 9:10-9:40

Cooper Street Community Centre,  
101 Cooper Street, Essendon.

[www.dancecrew.com.au](http://www.dancecrew.com.au)



CLOCKTOWER

FAMILY & CHILDREN'S SEASON



## THE BOX SHOW

FRIDAY, 10 APRIL | 2PM

SATURDAY, 11 APRIL | 11AM

Clocktower Centre  
Alive with theatre, functions & events

City of Moonee Valley



CLOCKTOWER

WORKSHOPS & CLASSES



## CIRCUS WORKSHOPS NA DJINANG CIRCUS

FRIDAY, 17 APRIL | 11AM-12.30PM

SATURDAY, 18 APRIL | 1PM-2.30PM

Clocktower Centre  
Alive with theatre, functions & events

City of Moonee Valley



CLOCKTOWER

WORKSHOPS & CLASSES



# JUNKYARD BEATS HOLIDAY PROGRAM

MONDAY, 6 – TUESDAY, 7 JULY

10.30AM–12 NOON

Clocktower Centre  
*Alive with theatre, functions & events*

City of Moonee Valley




**LITTLE KIDS, BIG HITS!**

**ESSENDON TENNIS CLUB**

## PRIMARY SCHOOL TENNIS PROGRAM

Monday to Friday  
4.00 – 5.30pm

Also available:  
**BEGINNER ADULT CLASSES**  
Wednesdays | 7.30 – 8.30pm

**FREE TRIAL Available**  
Bookings essential – please book in advance  
<https://www.vidatennis.com.au/free-intro/>

**vidA** tennis

**Contact Us**

<b>Mark Smout</b> marks@vidatennis.com.au 0421 209 408	<b>Nick Opasinov</b> nick@vidatennis.com.au 0411 224 976
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EST. 1970

# JOIN OUR CLUB!



## ST CHRISTOPHER'S JUNIOR BASKETBALL CLUB

Girls and boys teams  
Under 8s to Under 20s  
Keilor Basketball Association competition

Develop team skills and make new friends  
All levels of experience welcome



**REGISTER NOW!**  
[stchristophersjbc.com.au/new-players](http://stchristophersjbc.com.au/new-players)


 

# OPEN NIGHT

## 2026

### Thursday 23rd April 6pm

**Niddrie Campus**  
19 Peters Street, Airport West




**Essendon Keilor College**

**Come hear about:**

The advantages of our multi-campus model – offering more choice, broader pathways and specialised facilities, while maintaining a strong sense of belonging

Maximising learning growth for every student – high expectations, personalised support and strong academic outcomes.

Vibrant extra-curricular opportunities – from school productions and instrumental music to elite sporting academy programs, helping students discover and develop their passions.



**Weekly School Tours**

Please contact the appropriate campus to book in a tour.	
<b>Niddrie Campus</b> Call 9375 8400 to book.	<b>Essendon Campus</b> Call 9319 1300 to book.

**ekc.vic.edu.au**



## AUSKICK FREE COME & TRY

Whether you're a seasoned player or trying it for the first time, now's the perfect time to get involved! Have fun, challenge yourself, and enjoy the thrill of the game.



**PENNELL RESERVE, BRAYBROOK**

**SATURDAY 14TH MARCH, 10AM**

**VISIT PLAY.AFL**



AUSTRALIA'S #1 NON-COMPETITIVE SOCCER PROGRAM

**TERM 2, 2026  
SOCCER FUN  
FOR GIRLS &  
BOYS AGED 2-12!**

**STARTING FROM 1ST MAY**

**Free** FIRST 30 NEW ENROLMENTS RECEIVE COMPLIMENTARY SHIRT AND SHORTS!

FOR A **FREE TRIAL** P: 0422 738 494

### MITE-E SOCCER (2-3YO)

A great introduction to Soccer! Children work with their parents to learn new soccer skills and develop their motor skills! Lots of fun games in a non-competitive environment!

**35 MINUTE CLASSES  
\$180 FOR 8 WEEKS**



### PINT SIZE SOCCER (4-5YO)

Children take their first kicks in soccer! They'll be introduced to shooting, dribbling, goal keeping and more. Children get to play lots of fun, skill based games. Grasshoppers get introduced to Pint Size 1v1 Big Game!

**50 MINUTE CLASSES  
\$185 FOR 8 WEEKS**



### INTRO TO MICRO (5-6YO) MICRO (6-8YO)

The ultimate challenge for young soccer players! They'll learn the rules of the Grasshopper Soccer Big Game and develop their skills in passing, dribbling, shooting and more!

**INTRO - 60 MINS \$195 FOR 8 WEEKS  
MICRO - 60 MINS \$195 FOR 8 WEEKS**



### MICRO PLUS (8-12YO)

This program focuses on skill development and teamwork in preparation for club soccer. Children will enjoy all the favourite soccer based games, fine tune their skills as well as play the Grasshopper Soccer Big Game!

**60 MINUTE CLASSES  
\$195 FOR 8 WEEKS**



M: 0422 738 494 | E: melbournecentral@grasshoppersoccer.com.au

GRASSHOPPERSOCCER.COM.AU/MELBOURNECENTRAL

f /GRASSHOPPERSOCCERMELBOURNECENTRAL



Bright Stars Soccer  
hello@brightstarsoccer.com.au  
brightstarsoccer.com.au  
0434 604 406 | 03 9961 6016

## Kids Soccer Program For 3 - 12 YO

Term 2 stars 9<sup>th</sup> May 2026  
@ Caroline Springs & Aintree

**LIMITED OFFER:  
Complimentary Uniform Pack  
(Valued at \$65)  
First 30 Enrolments Only**

Refer a friend or sibling to unlock \$10 term discount for both!



**No Scoreboards**  
We measure success in high-fives



**Confidence First**  
Building social bravery on and off the pitch



**Have a go!**  
No pressure, just pure play for an hour

Tiny Comets (3-4YO)	Building first steps of social confidence
Shooting Stars (5-6YO)	Mastering ball control and "sticky feet"
Bright Blasters (7-8YO)	Discovering teamwork and passing precision
Galactic Strikers (9-10YO)	Unleashing creative skills and 1v1 bravery
Supernova Elite (10Y+)	Developing tactical logic and leadership

Questions? Speak with us: 0434 604 406 | hello@brightstarsoccer.com.au

**\$190.00 per term (8 weeks)**  
60-minute session. Limited spaces available.

Scan the QR code to request a call-back



Bright Stars Soccer  
hello@brightstarsoccer.com.au  
brightstarsoccer.com.au  
03 9961 6016 | 0434 604 406

## Term 2 Enrolment Form | Starting 9<sup>th</sup> May 2026

Scan this QR code to complete enrolment.

Questions? Speak with us at  
**0434 604 406**



Schedule	Caroline Springs St. George Preca Primary School 22-48 Lancefield Dr, Caroline Springs Saturday mornings from 9th May		Aintree Aintree Primary School 11 Timbertop Parade, Aintree Sunday mornings from 10th May	
Tiny Comets (3-4Y)	10 am - 11am		10 am - 11am	
Shooting Stars (5-6Y)	10 am - 11am		10 am - 11am	
Bright Blasters (7-8Y)	10 am - 11am		10 am - 11am	
Galactic Strikers (9-10Y)	10 am - 11am		10 am - 11am	
Supernova Elite (10Y+)	10 am - 11am		10 am - 11am	

**Reserve your spot today! \$190.00 per term (8 weeks)**

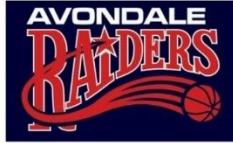
Follow the instructions on the enrolment form & pay online to reserve a spot or, transfer the term fee of \$190.00 (8 weeks) to the following details  
BSB: 067-873 Account #: 2247-7380 Account: Bright Stars Academy  
Reference: Child's Name

# WE NEED PLAYERS!

We are currently looking for a couple of players in the following age groups

- Under 8 boys and girls born in 2019, 2020, 2021
- Under 12 Boys born in 2015 and 2016

Please share the word, so we can make sure all teams are ready to start the season 🏈



Contact Charli-Rose by email  
AvondaleRaidersbc@gmail.com for more information



## Winter Cross Country at Essendon Little Athletics

- Season commences Saturday 3rd May
- Ages 5 to 17
- All abilities welcome

Register now: [www.lavic.com.au/centres/essendon](http://www.lavic.com.au/centres/essendon)  
or email us: [elacmemberships@gmail.com](mailto:elacmemberships@gmail.com)



Need something extra for your child to improve their swimming?\*



\*Must be aged 8 - 15yo & be able to swim 25m  
Find out more: [www.footscraywaterpolo.com](http://www.footscraywaterpolo.com)

Why not give water polo a go?



Saturdays in May & June 2026  
2 - 3:30pm

VU Aquatic & Fitness Centre - Footscray



## FREE COME AND TRY AUSKICK 2026



Friday 24th April & 1st May AGES 4-8

5pm-6pm

AHFC Canning Reserve  
Avondale Heights

### GOOD CLEAN FUN



REGISTER NOW  
AUSKICK 2026 SEASON  
STARTING FRIDAY 8<sup>th</sup> MAY



<https://www.playhq.com/afl/register/52ca47>

#WeAreAvondale



**\$245 for 3 days! 30% Offer ends June 9!**

**PROGRAM INCLUDES**

- 01** 9-3pm each day
- 02** AFL, Basketball, Netball and Soccer on offer
- 03** Suitable for all ages and skill levels
- 04** Guest appearances at selected programs



**THREE DAY SCHOOL HOLIDAY SPORTS CAMPS!**

**LOCATIONS**

- State Netball and Hockey Centre, Parkville - **2, 3 and 8, 9, 10 July 2026**
- Maribyrnong Sports College, Maribyrnong - **6, 7, 8 July 2026**
- Aberfeldie, Aberfeldie West - **8, 9, 10 July 2026**
- Bundha Indoor Sports Centre - Fitzroy North - **30 June, 1, 2 July 2026**

**“It was overall very positive and the kids made great connections with coaching staff and other participants”**

Contact Us:  
1300 914 368  
admin@australiansportscamps.com.au

More Information:  
australiansportscamps.com.au



**DOWNBALL HANDBALL COMP**

TERM 2 | SUN 7TH JUNE



*Register Now!*

MELBOURNE SPORTS AND AQUATIC CENTRE  
30 AUGHTIE DRIVE, ALBERT PARK 3206  
150+ SCHOOLS INVITED  
50+ TROPHIES, MEDALS, PRIZES & AWARDS  
\$33 +GST



WWW.HANDBALLAUSTRALIA.COM.AU

