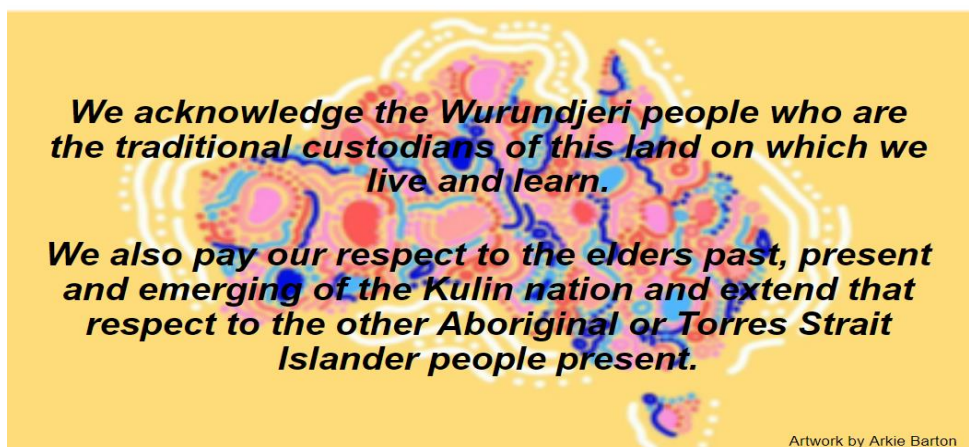


AVONDALE PRIMARY SCHOOL

NEWSLETTER #4 Friday, March 25



Acknowledgement of Country



Welcome to our Avondale community,

Our students have engaged in a range of purposeful learning experiences, connecting to our broader community throughout the last two weeks. On Friday 18 March, our students explored a range of learning experiences, engaging in the National Day of Action against Bullying and Violence (NDA). Australia's key bullying prevention initiative celebrates 12 years of action, connecting schools and communities to find workable solutions to prevent bullying.

The theme for 2022 is Kindness Culture. By building Kindness Culture together, we can promote inclusion, respect and community belonging for all students in schools across Australia.



Further information for families to explore together, can be found later in this newsletter.

On Monday, March 21, our students and staff engaged in Harmony Day, celebrating Australian multiculturalism, based on the successful integration of migrants into our community. They also learnt that Harmony Day is about inclusiveness, respect and belonging for all Australians, regardless of cultural or linguistic background, united by a set of core Australian values. Held every year on 21 March, Harmony Day coincides with the United Nations International Day for the Elimination of Racial Discrimination. See later in the newsletter some learning snapshots from our students.

IMPORTANT DATES

Monday, March 28	GALA DAY 2 Grade 5/6 students
Tuesday, March 29	First Meeting of the new School Council - 7pm
Friday, April 8	End of Term 1 2.15pm pick up
Monday, April 25	ANZAC DAY public holiday
Tuesday, April 26	First Day, Term 2
Thursday, April 28	Avondale Primary School Photos
Tuesday, May 10 to Friday May 20	Online NAPLAN for Grades 3 and 5 students



Persian New Year *Nowruz Mobarak* Monday, 21 March



It is a really traditional time for families in Iran. We set up the table neatly, and we don't go to school (but I do). The new year is for 13 days and on the last day we go out for dinner or somewhere fun. On new year we start a fire, safely, in a fire pit. We jump over it, a bit dangerous but fun. Before new year time, we plant a special kind of beans that grow into grass. At the end of the 13 days, we throw it in the river for celebration. Arman 6B



The Iranian New Year is like Chinese New Year, they are both traditions. In Iran there's a 13 day holiday, a couple of days before the Iranian New Year people normally go to friends and families houses. At these celebrations it is tradition to jump over fire while singing a song. On the 13th day of the holiday people go to each other's houses starting with their oldest friends. On the last day all the families throw grass into the river. Arad 6B



Official Opening

In our previous newsletter we shared lots of information about the official opening of our upgraded facilities at Avondale Primary School. Here are some photos, reflecting this special occasion with our students.



Grade 5/6 Gala Sports Day

On Friday the 18th of March, the grade 5/6 students from Avondale Primary School went to Mooney Valley District with a whole bunch of other schools to verse in a series of sports such as soccer, cricket and tennis. The first game for Avondale's boys soccer team was against Ascot Vale, unfortunately it was a 1-1 draw. The second two games, we played against another two teams however we lost. We showed great sportsmanship and teamwork. Overall, it was a great day. Amir 5A

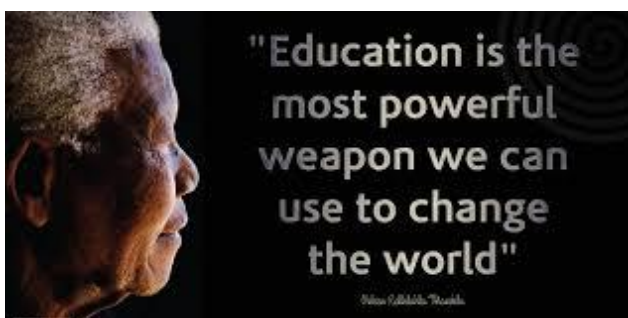


On Friday the 18th of March, the grade 5/6 students did a Gala Day in cricket. There were two teams for Avondale Primary. The first team went up against St Marys and unfortunately lost by a lot of runs. Meanwhile, team 2 had lost too but the students batted really well. They all showed lots of sportsmanship. Chase 5A

Our Gala Day was held on Friday the 18th of March. The Buses arrived at 8.50am at Avondale Primary and off we went to verse our neighbouring schools in soccer, cricket and tennis. Our teachers on the bus gave us a motivational talk and told us to just try our best, have fun and show good sportsmanship. There were a total of 5 games with each



game going for about 20 minutes. The umpires scored the match and explained the rules to us. We finished up at 2.15pm, jumped on the bus and headed back to school. We all worked so hard to win and tried our very best. I cannot wait for the next Gala Day. Cooper B 5B



*Mrs Jill Benham
Mr Joe Scarfo*

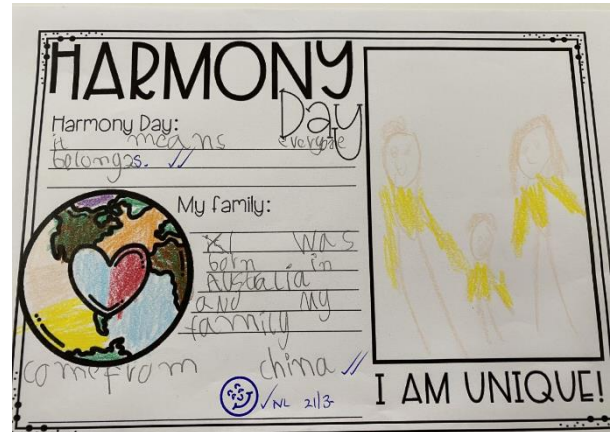
*Principal
Assistant Principal*

TEACHING AND LEARNING: National Day of Action against Bullying and Violence and Harmony Day

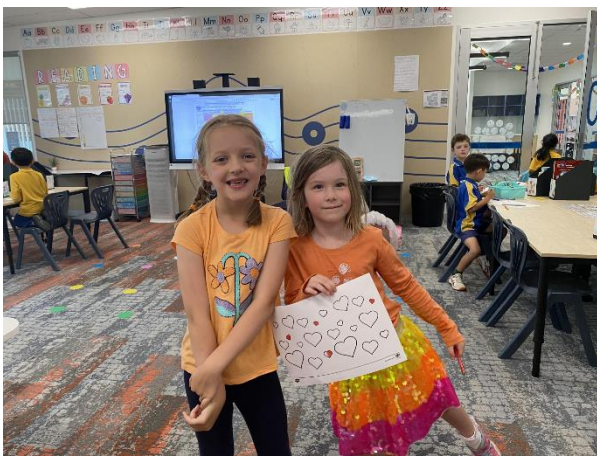
The Foundation students enjoyed celebrating both National Day against Bullying and Violence and Harmony Day. For National Day against Bullying and Violence we visited our buddy grade and made a kindness paper chain together. For Harmony Day we spoke about celebrating each other's differences and that we all belong. Students worked in pairs to make a collaborative poster with the Foundation cohort. This is displayed in our Learning Community.



1A enjoyed celebrating Harmony Day on Monday and learning about National Day against Bullying and Violence last Friday. The Grade 1s created acts of kindness paper chains to represent how they have been kind at school and at home. On Monday students learnt about what Harmony Day is and why we wear orange. 1A also learnt about the diversity in our classroom and that everyone belongs. Students proudly shared what they knew about their culture.



1B have enjoyed learning about Harmony Day and National Day against Bullying and Violence as it ties into our Inquiry unit of 'Celebrating Differences'. We made a class kindness chain to show when we had been kind to our family and friends. We also celebrated Harmony Day by dressing up in orange.



This week we celebrated Harmony Day and talked about all the delicious foods we eat with our families! Grade 1C looked at different countries on Google Earth and talked about the cultures we identify with. We looked at the top 5 cultures that are represented in the Avondale community.



Friday 18th March was National Day of Action Against Bullying and Violence. On this day 2A participated in the Kindness Paper Chain Challenge. This involved thinking of acts of kindness students have already done or can do for others. Students recorded these acts of kindness on coloured strips of paper. These strips of paper were joined to create a Kindness Paper Chain. On Monday we also celebrated Harmony Day by wearing orange.



On Monday the 21st of March, students in 2B sang three different songs about Australia, diversity and living in harmony. Our class favourite was "I am Australian". Many children knew this song from an ad on the television. First we listened to the song. Then we highlighted key words and drew our visualisations. Finally we sang the song together in unison - it sounded amazing!!!



***We are one, but we are many
And from all the lands on earth we come***

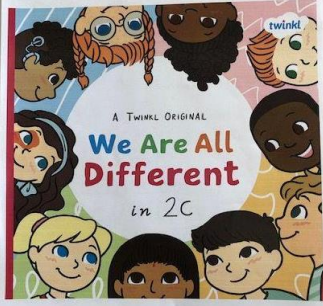
We'll share a dream and sing with one voice

"I am, you are, we are Australian"



2C has enjoyed learning and celebrating Harmony Day this week, as it connects with our Inquiry unit of 'Celebrating Differences'. To celebrate, 2C read the eBook 'We Are All Different' which highlighted that we are all unique, it also encouraged us to be respectful towards everyone and their traditions and cultures. 2C also discussed diversity and inclusion in the classroom. We celebrated everyone's differences by publishing our own class book on how we are all different, yet we are all friends, which has been added to our classroom library for everyone to read and enjoy.

We are all Different
I have black hair.
I have light skin.
I live with my mum.
I don't have a pet.
I have two big brothers.
I speak English.
I like mangoes.
I do soccer.
I like maths.
I like red.
I like cold.
We are all different.
We are all friends.

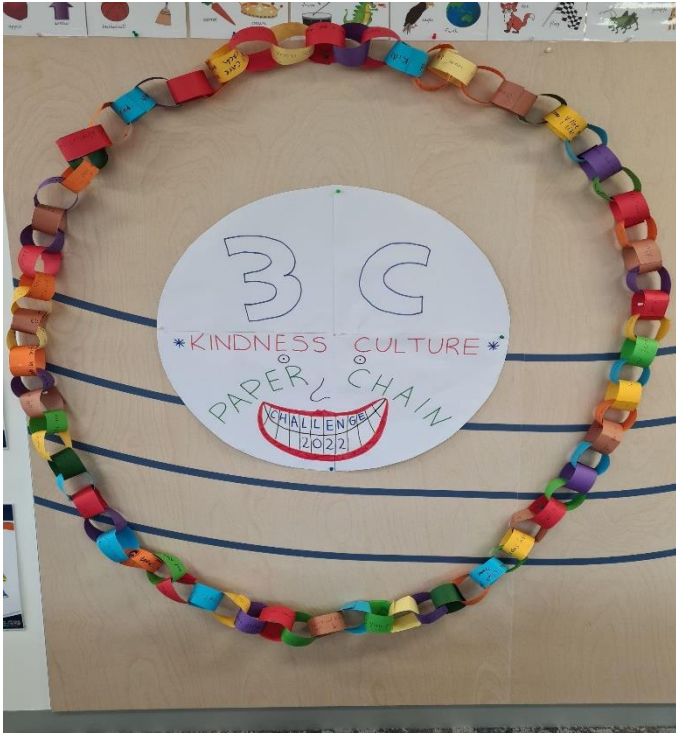


We are all different.
I have black hair.
I have light skin.
I live with my mum and dad.
I do not have a pet.
I have 2 little sisters.
I speak vicmes.
I eat strawberries.
I do star jumps.
I like maths.
I like yellow.
I like windy.
We are all different.
We are all friends.

We are all different.
I have black hair.
I have tan skin.
I live with my mum.
I have a fish.
I have an older sister and my little brother.
I speak English.
I like apple.
I do football.
I like writing.
I like pink.
I like the sun.
We are all different.
We are all friends.

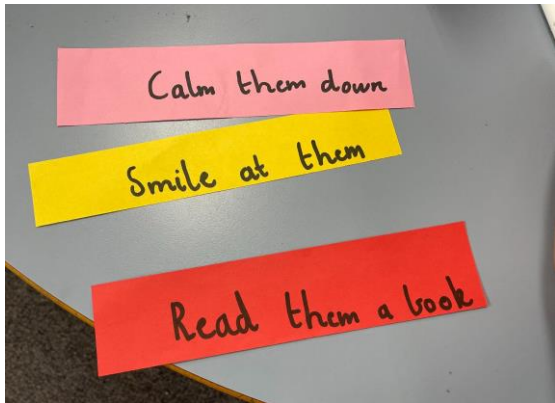
As part of our National Day of Action against Bullying and Violence, Grade 3A discussed the ways in which we can treat others with kindness and understanding. We created a paper chain of the kind deeds we have performed or are planning to perform over the next few days. On Harmony Day we discussed the many different cultures that make up Melbourne. We read *My Story* by Shirley Purdie, which told us about her background and culture growing up in Western Australia's Kimberley region.





Grade 3C recognised the National Day of Action against Bullying and Violence by creating a wonderful kindness culture paper chain to display in the classroom. The display included a large range of positive messages and inspiring comments for all to read and enjoy. The class watched a video about bullying, took part in a deep and meaningful discussion about being kind to each other and also how to stamp out bullying in the school yard.

4A connected National Bullying Day with how we can help our Foundation buddies. They visited our big room for the first time and we talked about ways we can make them feel at ease with acts of kindness. Students came up with ideas such as, doing something that they like to do, reading a story that is just right for them, and building something together. Students wrote acts of kindness on a class chain that is now on display in our classroom. We believe kindness will stamp out bullying.



Grade 4B came up with many many kindness statements that we wrote on coloured pieces of paper and made into a long chain. We also had a visit from our Foundation buddies and completed some drawings and sentences about kindness. We celebrated Harmony Day by playing a dice game where each number represented a question about family celebrations. We shared some great answers within our small groups.



4C were so lucky to be able to complete two kindness chains for National Day Against Bullying and Violence. We watched a video about bullying and then made links to paper chains that demonstrated acts of kindness we could put into action at home, at school and online. We then had a visit from our Foundation buddies and made a kindness chain together explaining ways we could be kind to our buddies. It was very exciting having our buddies visit and join us for this special activity.

On Harmony Day, 4C used a range of prompts on a dice to facilitate students to share about their families and cultural celebrations. We learn many fascinating things about different cultures and celebrations and also had a discussion about the following quote, **'In a world where you can be anything, BE KIND'**.



5A enjoyed celebrating Harmony Day on Monday and learning about National Day against Bullying and Violence last Thursday. The grade 5's created acts of kindness paper chains to represent how they have been kind at school and at home. We also discussed as a class why we celebrate Harmony Day and ways to engage in it. We created a class Harmony Day tree which represented our cultural identity coming together as equals (one).



This week Grade 5B explored the meaning of Harmony Day. We celebrated the importance of cultural diversity, shared personal stories, made a banner to display around the school and dressed in orange.

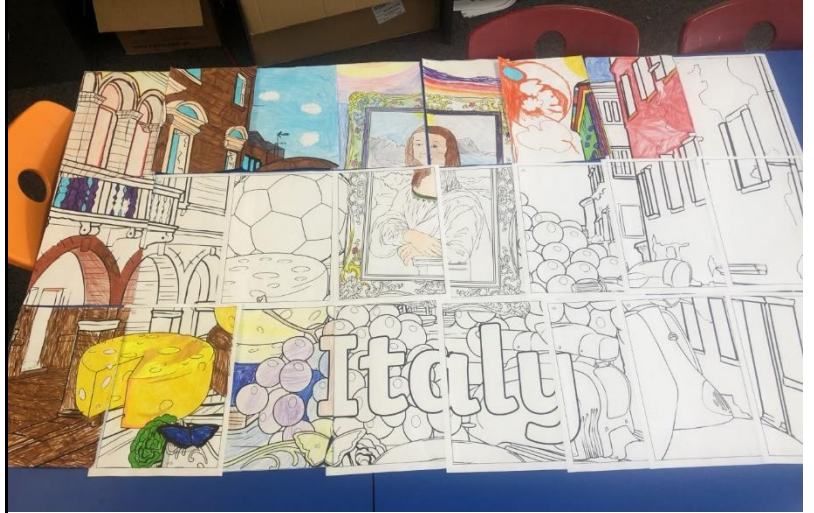
Physical Education

During Physical Education we explored all the different skill levels and level of background knowledge that each individual could have for different sports. However, we highlighted how as a team we are equal and can use each other's different strengths to work off each other. We also had various discussions of how bullying may occur during PE and Sport through specific scenarios, highlighting ways we can ensure bullying does not occur whilst emphasising the importance of sportsmanship and team-work during Physical Education Classes. Students also shared their orange clothing whilst reflecting on why we were encouraged to wear orange for the Day.

Italian

In Italian this week students focused on the inclusion of diverse cultures and languages. Students were encouraged to say hello and welcome in their languages and share their cultural backgrounds with classmates through class activities. This allowed for them to make connections between language learning and their own languages, promoting an understanding, appreciation and importance surrounding language learning.

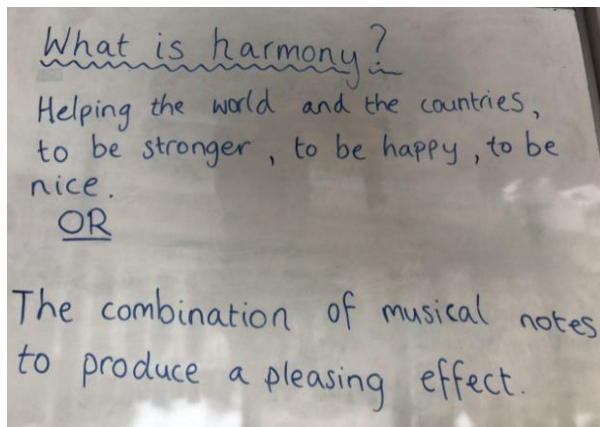
Grade 1&2 students shared their cultural backgrounds and languages. Foundation students created a friendship 'amicizia' chain to celebrate differences. Bravissimi!



Grade 3 students are working towards a collaborative colouring of Italy to be completed at the end of the week. This involves students using their knowledge of Italian colours to communicate and create the masterpiece. Bravissimi!

Performing Arts

This week we considered harmony as it applies to music, and compared it with the definition of harmony with respect to Harmony Day. We found some similarities in the definition - both kinds of harmony involve bringing differences together, and result in a pleasing effect! Finally, we practised playing harmonies on our keyboards.



Visual Arts

During Visual Arts we discussed how we are all different and have different strengths. When critiquing peer art pieces, students are encouraged to give a positive comment and a comment on how that artist could improve. This is supported by justifying their reasons and suggesting helpful hints or techniques for that artist to improve.

2022 SCHOOL COUNCIL ELECTIONS

On Thursday, March 17, votes were counted and a declaration of poll announced. Isabelle Sawtell, Dina Carranza, Andrew Lai and Joe Scarfo were the official tellers responsible for counting the votes. This process was witnessed by Jill Benham and Maria Zerowsky.

I would like to thank all of the candidates nominated for entering into the election process. The fact that everyone involved was well supported by the school community demonstrates the high regard held by the community for all candidates. Congratulations to our successful candidates Trevor Harrison, Annerley Juhlin-Beeck, Brian Tyrrell and Lance Ferguson.

There are many ways to contribute to our school, so why not consider participating in the range of school council subcommittees that run each year. Further communication will be comminated in Term 2.

TRANSITION TO HIGH SCHOOL

Essendon Keilor College Campus Tours 2022 – Term 1 Every Wednesday

Year 7 – 9 Campus’:

East Keilor Campus, Quinn Grove East Keilor 10.15am – 10.45am To Book a tour Phone 8331 0109	Niddrie Campus, Peters Street Airport West 9.30am – 10.00am To Book a tour Phone 9375 8400
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Year 10 – 12 Campus –

Essendon Campus, 286 Buckley Street, Essendon (Corner of McCracken Street)
 11.15am – 11.45am To book a tour Phone 9319 1300

SAFETY AT AVONDALE PRIMARY SCHOOL

SYDNEY STREET, AVONDALE HEIGHTS – INSTALLATION OF CHILDREN’S CROSSING

Moonee Valley City Council has now completed the construction of the children’s crossing on Sydney Street. The works involved the installation of new kerb ramps, replacement of footpath and various signage and line marking changes. To enhance the safety of all students and families, we now have two crossings. Please use the crossing in Clarendon Street, as well as the new crossing in Sydney Street, which will be operational in the coming weeks.

Please take extra care around our school. It is a great idea to park a short distance from school, make the most of our beautiful Autumn weather and get some exercise and fresh air. This helps ease the congestion around school and further supports the safety of students, our residents and local community.

Safety around schools

Providing safe school zones for all children



Keep children safe in a school zone by:

- walking or cycling to school to decrease traffic congestion
- adhering to the 40km per hour zone when travelling in an operated school zone
- checking the restrictions set by the regulations and parking signs in the area and abiding by them
- not stopping or parking illegally – these actions will be noticed and infringements will be issued by Council.

You should:

- always let your child out on the kerb side of the road
- never call your child from across the road – teach them to wait until you walk over to get them or to use the school crossing

talk to your child about what they should do if you are not there on time.

A children’s crossing is a legal crossing when two flags are in place.

Teach your child to:

- always stand one step back from the kerb
- wait for the Crossing Supervisor to go out onto the crossing and blow their whistle (two short blasts), then cross the road
- not ride bikes, bounce a ball, fight, muck around or run across the crossing
- always stay within the lines of crossing and walk in front of the supervisor (never behind them)
- always be alert and listen to what the Crossing Supervisor says.

Parking near a school.

- Do not park on or near a school crossing
- Do not double park and let your child out on the road.
- You cannot stay in the drop off/pick up zone for longer than two minutes or you will be issued with an infringement.

Make sure your child is waiting in the zone before you arrive

Offence	Offence description	Fine
Stopped in a 'no stopping' area	Drivers cannot stop, even briefly.	\$182
Stopped in a bus zone	Only public buses can stop here.	\$109
Parked for period longer than indicated	This is when you have overstayed the time limit indicated on the sign.	\$88
Stopped in a parking area for people with disabilities	You need a special disabled parking permit to park here. The permit number and expiry date must be visible from the outside.	\$182
Stopping on or near a children’s crossing	A driver must not stop on a children’s crossing, or on the road within 20 metres before, or 10 metres after the crossing.	\$182
Stopped on a footpath	You cannot leave your car standing on a footpath, it obstructs the path of pedestrians and is also very dangerous.	\$109
Stopped on or across a driveway or other way of access	No part of your vehicle can be parked or stopped across a driveway or other way of access.	\$109
Parked/stopped on a nature strip	A driver must not stop on a nature strip as it can obstruct the view of oncoming traffic and cause damage to infrastructure.	\$109

Infringements

Council regularly patrols schools as part of our School Crossing Program. Council will issue infringements to anyone who does not obey signs or regulations. Infringements can be affixed to the vehicle or posted to the registered owner of the vehicle.

Updated October 2021

Moonee Valley Language Line

العربية	Arabic	9280 0738	Ελληνικά	Greek	9280 0761	Español	Spanish	9280 0764
廣東話	Cantonese	9280 0739	Italiano	Italian	9280 0762	Türkçe	Turkish	9280 0765
Хрватски	Croatian	9280 0760	Somali	Somali	9280 0762	Việt-nam	Vietnamese	9280 0766

All other languages 9280 0767
 National Relay Service 13 36 77 or relay.service.com.au
 This publication is available in alternative accessible formats on request.

Respectful school communities start with respectful behaviour

Parents, carers, staff and students can help keep our school community safe, supportive and respectful.

Good relationships are based on:



Open and honest communication



Trust and respect



Working together



Fair and reasonable expectations by all

These behaviours are **not** okay in our school community:

- ⊗ Threats
- ⊗ Violence
- ⊗ Rudeness
- ⊗ Harassment
- ⊗ Discriminatory and derogatory comments
- ⊗ Aggression
- ⊗ Intimidation
- ⊗ Threatening gestures

This includes in-person, over-the-phone, email, text message, social media and online.

For more information ask your school about the **Respectful Behaviours within the School Community Policy**.

STUDENTS OF THE WEEK – Weeks 7 and 8**Week 8: Monday 21st March - Friday 25th March**

STUDENT NAME	GRADE	AWARDED FOR
Gerard H	Foundation A	For being persistent and trying his best with all tasks. Keep it up Superstar!
Angus M	Foundation B	For fantastic improvements in identifying stage 1 letters and sounds. Keep up the fantastic work Angus!
Sara Q	Foundation C	For settling well into school and developing in her confidence when asking questions and contributing to class discussions. Well done Sara!
Quinn C	1A	For being persistent when writing about a picture prompt and listening carefully to the beginning, middle and ends sounds of words.
Poppy B	1B	For her fantastic writing and for always trying her best. Well done Poppy!
Ollie C	1C	For using his letter and sound knowledge when writing.
Brittany H	2A	For confidently teaching her teacher and class about India. Well done Superstar!
George M	2B	For always being a helpful and responsible student. Thank you for always taking care of our school yard, George!
Abigail N	2C	For working super productively and producing a fabulous procedure on 'How to make a sandwich for Mr Gringling'!
Summer G	3A	Great use of vocabulary and tension in your narrative 'Kidnapped'!
Kayla D.	3B	For the fabulous growth in her understanding of Place Value.
Mikey R.	3C	For an excellent result in his Numeracy - Place value post test. Well done!
Adam M	4A	For making efforts to focus and think 'is this useful' before sharing what he has to say.
Poppy E	4B	For her willingness to ask questions and really get involved in her learning.

Luna S.	4C	For reflecting on what she has learnt in our inquiry unit and applying new knowledge and skills to her life.
Sophia G	5A	For receiving 93% on her addition test! Keep up the great work, superstar!
Neel B	5B	is receptive to all learning activities and uses deeper thinking strategies to work through problems and challenges.
Kaia V H	6A	For making a big effort to speak up in class and share her excellent ideas.
Eliza S	6B	For writing an excellent sizzling start and being open to feedback with her narrative. Way to go!
Layla C 3C	ART	For her excellent eye for detail and use of shading in her Still life drawing. Well done!
Eleanor P and Georgia V (1C)	Performing Arts	For working harmoniously and creatively together, while playing the keyboards in Performing Arts class.
Isaac P (FB)	Italian F-2	For showing great teamwork and friendship by helping his classmates with their work.
Nhali E (5B)	Italian 3-6	For not giving up on the task at hand and participating in class discussions.
Aliana K 1B	PE F-2	For being a great listener and always trying her best during Physical Education.
Mason B 6A	PE 3-6	For showing great leadership skills and being an awesome team player in Cricket at our school Gala Day.

Week 7: Monday 14th March - Friday 18th March

STUDENT NAME	GRADE	AWARDED FOR
Tim Z	Foundation A	For working hard to learn and recognise his high frequency words. Well done Tim!
Leon P	Foundation B	For his wonderful effort in creating patterns. Keep Up the great work Leon!

Matthew C	Foundation C	For wonderful enthusiasm in Reading when learning high frequency words. Keep it up Matthew!
Chloe. D	1A	For always being so thoughtful and considerate towards her classmates.
Vincent L	1B	For showing persistence and for his fabulous work in maths! You are a superstar!
Lucah B	1C	For using his imagination when writing interesting sentences.
Murad A	2A	For independently writing a list of items needed to wash a cat. Great writing Murad!
Jasmine H	2B	For being a polite and responsible member of our class, and for being a good role model to Grade One students on Thursday.
Ivy L	2C	For producing a great procedural writing piece on how to wash a woolly mammoth! Nice job Ivy!
Melek B	3A	Being a wonderful role model and having a positive attitude towards learning!
Navya	3B	For giving their maximum effort and developing self confidence in their Place Value understanding.
Sandin	3C	For always working his hardest to complete his classroom tasks on time.
Jed K	4A	For respectfully listening to others and making valuable contributions to class discussions
Kerwin H	4B	For his amazing spelling results this term. Well done!
Olivia B.	4C	For overcoming challenges and demonstrating personal growth in mathematics.
Lua K	5A	For being able to add large whole numbers and decimals together! Keep up the great attitude Lua.
Greta G	5B	For doing an excellent job at writing her first persuasive and including all the text features.
Himank S	6B	For sharing his brilliant maths knowledge and strategies with the class. Great job!
Kayla D (3B)	ART	For her realistic and detailed Still life drawing. Well done Kayla!
Michael S (2A)	Performing Arts	For coming second in the library book detective challenge, and for always showing responsibility

Ruby H (FC)	Italian F-2	For great listening and effort in class tasks. Keep up the great work!
Alessandra G (5A)	Italian 3-6	For her great teamwork and detail in her work. Keep up the great work!
Tim Z (FA)	PE F-2	For listening to instructions and trying his best during PE.
Avneet Gill (3B)	PE 3-6	For consistently participating and trying her best in all sports. Avneet always shows respectful behaviours coming to the lessons with a positive attitude.

Talking about bullying

BULLYING. NO WAY!

[Talking about bullying \(bullyingnoway.gov.au\)](https://www.bullyingnoway.gov.au)

Children and young people who know what bullying is, and know what to do about it if it happens, also know they are not alone in dealing with it.

They know that parents and teachers will be willing to help if needed.

Don't wait for bullying to happen to talk about it.

Use opportunities in conversation

Parents can use the many opportunities that arise to talk with their child about how people behave in various social situations and how people get on with each other.

If your child tells you about things at school or you see things in public that involve conflict or bullying, and if it is appropriate, take the opportunity to talk about what bullying is.

Talk about what bullying is before it happens so children can recognise it and know what to do.

First, make sure you have a clear idea yourself by checking out the formal definition of bullying at [understanding bullying](#). You can also find ways to [describe bullying that are suitable for children of various ages](#).

Point out that bullying is not just when someone is mean to you once, but it happens over and over and makes you feel like you can't stop it. If you want, you could use some of these questions:

- What do you think 'bullying' is?
- Have you seen bullying happening? What did you do? How did you feel?
- Why do you think some people bully other kids?
- Who are the adults you would talk to when it comes to things like bullying?
- Have you ever felt scared to go to school because you were afraid of someone bullying you?
- Has someone tried to bully you? What ways have you tried to change it?
- What do you think parents can do to help stop bullying?
- Have you or your friends left other kids out on purpose? Do you think that was bullying? Why or why not?
- Have you ever tried to help someone who is being bullied? What happened? What would you do if it happens again?

Tell children that bullying can happen to anyone but it is never okay. Talk about how to respond to bullying safely. Make sure children know what to do if it happens to them or they see it happening to someone else.

Most importantly, let children know how to get help if bullying happens.

Encourage them to speak to an adult if it happens, and to keep on asking for help if the bullying doesn't stop. Read more about what to say at [responding to bullying](#).

Talk with students about how they might handle other challenging social situations as well.

Parents and carers have an important role to help children and young people learn how to manage their own feelings and to work out how to argue or disagree with other people in appropriate ways. Everyday activities and issues can be valuable learning opportunities.

Words to avoid

Avoid describing a child as a 'bully' or a 'victim'. Although these words are often used in research and in the media, they are not very helpful for finding positive and lasting solutions.

Talk about bullying with the understanding that children and young people are growing and still learning how to be effective members of the community.

When you talk about bullying, focus on more appropriate ways to act with others and positive ways to get on with other people.

Children can change the way they behave with support from parents and teachers. If the labels of 'bully' or 'victim' stick, it can make it harder for them to change. Using these words can suggest that bullying and being bullied are due to unchangeable things about the children involved.

The labels of 'bully' or 'victim' can also cause further harm if a child accepts them as part of their social identity.

Keep communication open

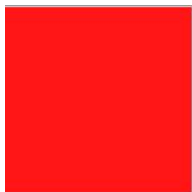
Children and young people will ask for advice and help with problems if they think parents and caregivers are interested in them and their concerns.

When parents and carers spend some time each day asking about what happened during the day, and show genuine interest in their feelings and experiences, children will know that they can talk to their parents if they have a problem.

Check in with kids often. Listen to them. Know their friends, ask about school, and understand their concerns. Ask them about issues they tell you about, but don't jump in to solve their problems. Ask them what they think they can do about it.

Be alert too that children sometimes 'shut down' and become reluctant to talk if they are experiencing bullying and don't know what to do. Be alert to the [signs of bullying](#). Sensitive and caring conversations about what is happening for your child can make a difference.

Read more about what to say and do [if your child tells you about bullying](#).



JUNIOR WATER POLO COME & TRY

Calling all kids aged 8 - 16 years
Come along and give it a go - learn the basics, then put your skills
into action in a game!

THE DETAILS:

Where: Sunshine Leisure Centre
5 Kennedy Street, Sunshine

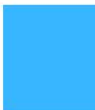
When: Monday 21/3, 28/3 & 4/4

Time: 6:00 - 7:00pm (arrive 5:45)

Cost: FREE



More info: info@footscraywaterpolo.com



MARIBYRNONG PARK AUSKICK CENTRE



IGNITE A PASSION
FOR THE GAME!



MARIBYRNONG PARK LIONS

Monk Oval, 40 The Blvd, Moonee Ponds VIC 3039

Starting: 2nd April - Saturday's 8:45AM - 9:45AM

Coordinator: Nickia Cerneka 0477776657

To register go to

play.afl/auskick



IGNITE A PASSION
FOR THE GAME!

Avondale Heights Auskick

Canning Reserve

Kicks off Friday 25th March, starting at 4.45pm

Registration now open, search 'Avondale Heights'.
Any questions, call Ryan on 0419 515 798.

play.afl/auskick

Come and dance in 2022

All dance styles offered.
Recreational, examination
and performance classes.



dancetheatre.com.au

[dancetheatre@gmail.com.au](mailto:dancetheatre@gmail.com)

0423089981 / 0421859540 / 0415477434

Organise a visit,
we'd love to meet you!
Bank Street, Ascotvale

Fun & respectful
classes!

Brought to you by
an amazing team!




Free trial
classes!







FREE TRIAL LESSON

Ace Fun Tennis School
 Tennis Australia Qualified Club Professional Coaches
FREE tennis racquet & free t-shirt included with all ANZ Hot Shots term enrolments
 Adult & Junior Tennis Lessons | ANZ Hot Shots | Cardio Tennis | Match Play Technique - Strategy Coaching | Private & Semi-Private Coaching



Netball in
2022

Interested in Starting Netball?



Come and Try
 We have positions available in the 11&U age group (aged 10, turning 11 this year)
BOYS AND GIRLS WELCOME

Weekly training, Wednesdays at Keilor Heights Primary School, from 4-5pm
 Games are at Riverside Netball Courts, Newsom St, Ascot Vale on Saturday afternoons

For further information

Kristine on 0422 484 544
 or
 email: keiloreastnetballclub@gmail.com

**** Places are Limited so Call to Secure a Place ****

AUSTRALIAN SPORTS CAMPS
 AUSTRALIANSPORTSCAMPS.COM.AU

3-DAY SPORTS CAMPS VIC

- > 9am - 3pm each day
- > High quality sports program for 5-15-year olds
- > Delivered by expert & qualified coaches
- > Children grouped on age and skill level
- > Bring your friends along and we can group you together!
- > Suitable for children of all skill levels





SCAN TO BOOK NOW
30% OFFER!
(Save \$99)



SPORTS

Basketball - Netball - Soccer - Hockey - AFL

LOCATIONS

Brighton | Bulleen | Bundoora | Doncaster | Canterbury
 Hawthorn | Hampton | Maribyrnong

Venues include Brighton Grammar School, Camberwell Grammar, H.A Smith Reserve and Trinity Marles Playing Fields

Call 1300 914 368 or visit australiansportscamps.com.au to book or for more information.

The Dance Centre



THE DANCE SCHOOL WITH A DIFFERENCE

Discover why The Dance Centre is the preferred choice for families.

- ✓ No Fuss
- ✓ No Sewing
- ✓ Stress Free
- ✓ Affordable

CLASSES FOR THE WHOLE FAMILY

Dance - Jazz, Tap, Ballet, Hiphop Contemporary, Musical Theatre, Acrobatics

Fitness - Small Group Fitness, Personal Training, Barre, Yoga

Pre School, Kinder, Child classes

Teen & Adult Classes

Older Adult (over 50) Classes



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www.thedancecentre.com.au

DIFFERENT JOURNEYS IS VENTURING NORTH WEST!

Autism Family Swim & Social Event

Join our private all ages event on selected Saturdays

Events may be claimed on NDIS plans if applicable

4pm-6pm with BBQ dinner included on entry

Swimming not necessary but having fun is!



Windy Hill Fitness Center
74 - 78 Napier St, Essendon



Book Online

www.differentjourneysautism.com/new-events/

Further Enquiries

differentjourneys@gmail.com
0490 774 068

LIMITED
\$10pp



www.differentjourneysautism.com

windy hill fitness centre



Avondale Heights Good Karma Network

We would love you to join the Avondale Heights Good Karma Network Facebook Group

This network is a space for people in Avondale Heights to connect and spread kindness.

The Avondale Heights Good Karma Network is a space where you can:

Post if you need help, or if you have something to share or give to someone else.

Comment on a post if you can assist or would like to be involved.

Anything that is offered or received in this space is done so with no expectation of anything in return.

This group is about positivity and looking after each other.

Please join the Avondale Heights Good Karma Network to start spreading positivity, kindness, and helping each other out.



Facebook: Avondale Heights Good Karma Network
www.facebook.com/avondaleheightsgkn



MyTime Avondale Heights

Free support for parents of children with disability

A place to unwind and connect. It's a world away from appointments and therapy.

What is MyTime?

MyTime groups are for parents and carers of children aged under 18 years who need a higher level of care than other children. It's a FREE service, and a place where you can socialise and share ideas with others who understand the rewards and intensity of caring for a child with additional needs in a relaxed setting. Play helpers keep your children busy and active. Siblings also welcome. Bring your child and come meet the staff. There is no need for children to have a medical diagnosis.

We invite you to meet new friends and chat with facilitators about resources & support.

Benefits of attending MyTime

- Meet other parents and carers in similar circumstances
- Share experiences and parent discussion
- A choice of topics and activities relevant to parents' needs
- Information, resources and services
- A facilitator to support, co-ordinate activities and guide group discussion
- A friendly environment with peer support



Avondale Heights Group Information

- Children welcome to attend
- Guest Speakers
- Play Helper

Address

Rhonda Davis Centre
54 Lake Street Avondale Heights

Term 1 2022 times

- Avondale Heights Monday 10am - 12pm

Contact

MyTime Coordinator Kim Mace on kim.mace@tweddle.org.au or visit <https://www.tweddle.org.au/our-work/our-programs/mytime/> (03) 9880 1577

The MyTime program is funded by the Australian Government Department of Social Services. MyTime is coordinated nationally by the Parenting Research Centre.

Secure babies | Strong families | Safe communities



Tweddle Child & Family Health Service: 83 Adelaide Street Footscray VIC Australia 3011
T + 61 3 9889 1577 F + 61 3 9880 1822 www.tweddle.org.au





Avondale Heights Cricket Club ~ Season 2021/2022

AHCC this year, will field an U10, U12 & a new U14 team.

The season will commence Friday October 8th, with training to commence Tuesday & Wednesday early evening, early September.

Please keep an eye on our Facebook page for updates:

Avondale Heights Cricket Club

Head over to www.playcricket.com.au to register.

- U10 - \$130
- U12 - \$160
- U14 - \$160

(Note, U12 & U14 will have a weekly umpire fee built into their fees).

For further information on the season, please contact:

- Dean Campbell – 0431 924 968
- Michael Moretti – 0412 472 333
- Shannyn McLeod – 0401 396 420

Uniform

AHCC Hat - \$12

AHCC Shirt - \$15



DO YOU HAVE CCTV CAMERAS?

VICTORIA POLICE WOULD LIKE YOUR HELP.

If you have CCTV that covers driveways, front yards, streets, rear laneways and security doorbells that active when pressed, then North West Metro Police would like to add this to our secure database.

Your footage could help us solve a crime.



VICTORIA POLICE

To register e-mail:
ND4-Taskingoperation@police.vic.gov.au



DO YOU HAVE CCTV CAMERAS?

VICTORIA POLICE WOULD LIKE YOUR HELP.

Details that we are looking for are:

- Name
- Contact Number
- Email address
- Business name
- Address
- CCTV location / Coverage
- Storage time

Your footage could help us solve a crime.



VICTORIA POLICE